FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

NORTH SUBURBAN YMCA
2705 Techny Road
Northbrook, IL 60062
www.nsymca.org

For More Information Contact:
Kim Nyren
knyren@nsymca.org
847-272-7250

FOR IMMEDIATE RELEASE

Mahjong Open Play comes to the North Suburban YMCA in Northbrook

A Welcoming Space for Learning, Playing, and Connecting Through Mahjong

Northbrook, IL – October 2026 – The North Suburban YMCA is inviting adults of all ages to discover the fun, strategy, and social connection of Mahjong through its new **Mahjong Open Play** sessions.

Held at the YMCA in Northbrook, Mahjong Open Play is available on **Tuesdays from 10:00 AM–12:00 PM** and **Thursdays from 1:00–3:00 PM**. The program is open to beginners as well as experienced players looking to practice their skills, meet new people, and enjoy a welcoming community atmosphere.

Participation is **free for YMCA members** and **$5 per session for non-members**.

Mahjong has experienced a surge in popularity in recent years, attracting players of all ages who enjoy its combination of strategy, concentration, and social engagement. Open Play provides a relaxed environment where participants can learn from one another, build friendships, and enjoy regular game time.

Participants should bring their own **Mahjong tiles and current Mahjong cards**. The North Suburban YMCA will provide tables and a dedicated space for play.

“Programs like Mahjong Open Play are a wonderful example of how the YMCA brings people together,” said **Kathy Fielding, CEO of the North Suburban YMCA**. “Whether someone is learning the game for the first time or has been playing for years, this program creates opportunities for connection, friendship, and lifelong learning. We are excited to offer another way for our community to stay engaged and active.”

Participants need to reserve their spot in advance through the program sign-up page:

https://www.signupgenius.com/go/60B0B44AEAD29A6F94-65597298-nsymca

For more information about Mahjong Open Play or other adult enrichment programs at the North Suburban YMCA or visit www.nsymca.org or contact 847-272-7250. The NSYMCA is located at 2705 Techny Road, Northbrook, IL.

About the North Suburban YMCA

The North Suburban YMCA services Northbrook and 14 surrounding communities with programs and tools that help its residents become healthier, more connected, and confident, ensuring that everyone, regardless of age, income, or background, has the opportunity to learn, grow, and thrive. The NSYMCA focuses on Youth Development, Healthy Living, and Social Responsibility and is a charitable organization, inclusive and welcoming to all in our community. Learn more at NSYMCA.org



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