North Suburban YMCA
2705 Techny Road Northbrook, IL

GYM SCHEDULE

847-272-7250
nsymca.org

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
CLOSED	OPEN GYM 5:00-9:30	OPEN GYM 5:00-8:15	OPEN GYM 5:00-6:30	OPEN GYM 5:00-6:30	OPEN GYM	CLOSED
MENS BASKETBALL PRIVATE RENTAL 6:00-8:45			OPEN PICKLEBALL 3 COURTS 6:30-8:00	MENS BASKETBALL PRIVATE RENTAL 6:30-8:30		MENS BASKETBALL PRIVATE RENTAL 6:00-8:30
		OPEN PICKLEBALL 8:15-10:00	PICKLEBALL RESERVATION 2 COURTS 8:00-9:00			
		PRESCHOOL 9:15-10:00		OPEN GYM 8:30-10:00 PRESCHOOL 9:15-10:00		
OPEN PICKLEBALL 3 COURTS 9:30-11:00	OPEN PICKLEBALL 3 COURTS 9:30-11:30	GYMNASTICS JAM 10:00-12:00 OPEN PICKLEBALL 10:00-12:00	GYM JAM 10:00-12:00	GYM JAM 10:00-12:00	OPEN PICKLEBALL 3 COURTS 9:30-11:30	GYMNASTICS 8:30-2:00 OPEN GYM 8:30-6:45
PICKLEBALL RESERVATION 3 COURTS 11:00-12:30						
OPEN GYM 12:30-4:45	OPEN GYM 11:30-4:00	OPEN GYM 12:00-4:00	OPEN GYM 9:00-7:30	OPEN GYM 10:00-4:00 OPEN PICKLEBALL 12:30-2:30	OPEN GYM 11:30-4:00	OPEN GYM 8:45-6:45
	GYMNASTICS 3:15-6:30 BASKETBALL 4:00-6:15	GYMNASTICS 3:15-6:30 Y TIME 4:00-6:00	GYMNASTICS 3:15-6:30	GYMNASTICS 3:15-6:30	Y TIME 4:00-5:15 CHEERLEADING 5:15-6:15 GYMNASTICS 3:15-6:00 Y TIME 4:00-5:45	
CLOSED		PICKLEBALL CLASS 6:00-8:45		ACRO 615-715	MIDDLE SCHOOL OPEN VOLLEYBALL 6:00-8:00	CLOSED
*THIS GYM SCHEDULE IS SUBJECT TO CHANGE THROUGHOUT THE SESSION. **PRIVATE RENTALS, AS WELL AS SAME-DAY SCHEDULE CHANGES OR CLOSURES, MAY OCCUR.	OPEN GYM 6:15-8:45	OPEN GYM 5:45-8:45	PRIVATE RENTAL 7:30-9:00	OPEN PICKLEBALL 715-845 OPEN GYM 615-845	OPEN GYM 8:00-8:45	
	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	

Fall I Session
8/24/26-10/25/26

2/18/2025