



North Suburban YMCA
847.272.7250 www.nsymca.org

Pool Schedule
August 1st to August 14th

Please Note: The pool will be closed August 15–23 for annual cleaning and maintenance.

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
5:00		5:00	5:00	5:00	5:00	5:00	5:00	5:00
5:15	* Reservation	Lap Swim*	Lap Swim*	Lap Swim*	Lap Swim*	Lap Swim*	* Reservation	5:15
5:30	Required	5:15-6a	5:15-6a	5:15-6a	5:15-6a	5:15-6a	Required	5:30
5:45								5:45
6:00								6:00
6:15	Lap Swim*	Lap Swim*	Lap Swim*	Lap Swim*	Lap Swim*	Lap Swim*	Lap Swim*	6:15
6:30	6:15-7a	6:15-7a	6:15-7a	6:15-7a	6:15-7a	6:15-7a	6:15-7a	6:30
6:45								6:45
7:00								7:00
7:15	Lap Swim*	Aqua Blast	Lap Swim*	Lap Swim*	Lap Swim*	Lap Swim*	Lap Swim*	7:15
7:30	7:15-8a	7:15-8:00am	7:15-8a	7:15-8a	7:15-8a	7:15-8a	7:15-8a	7:30
7:45								7:45
8:00								8:00
8:15	Lap Swim*	Lap Swim*	Aqua Combo	Aqua Zumba	Aqua Zumba	Lap Swim*	Lap Swim*	8:15
8:30	8:15-9a	8:15-9a	8:30-9:15a	8:15-9am	8:15-9am	8:15-9a	8:15-9a	8:30
8:45								8:45
9:00								9:00
9:15		Aqua Combo						9:15
9:30		9:30-10:15a						9:30
9:45								9:45
10:00	Lap Swim				Lap Swim	Camp Lessons		10:00
10:15	9:15-11:15am					9:15-10:15a		10:15
10:30		Lap		Lap Swim		Aqua	9:00-12:15pm	10:30
10:45		10:30-12:30p		9:15-12:30p		Combo	Swim	10:45
11:00						10:15-11a	Lessons	11:00
11:15			Camp Swim		PSL			11:15
11:30			Lessons			Lap		11:30
11:45			9:30am-2:30pm			11:15-12:30p		11:45
12:00								12:00
12:15	Lap Swim							12:15
12:30	11:30-1:45pm						Lap	12:30
12:45							12:15-1:45p	12:45
1:00								1:00
1:15								1:15
1:30								1:30
1:45								1:45
2:00		Camp Swim		Camp Swim				2:00
2:15	Family Swim	12:30-4pm		12:30-4pm			Family Swim	2:15
2:30	2-3pm						2-3pm	2:30
2:45								2:45
3:00								3:00
3:15								3:15
3:30	Family Swim						Family Swim	3:30
3:45	3:15-4:15pm						3:15-4:15pm	3:45
4:00								4:00
4:15			Lap Swim					4:15
4:30		Lap	2:30-6pm					4:30
4:45		4:15-5pm		Special				4:45
5:00				Olympics				5:00
5:15				Swim Team				5:15
5:30	Please make						Please make	5:30
5:45	your same day						your same day	5:45
6:00	Family Swim						Family Swim	6:00
6:15	reservations by	5:15-8:15pm					reservations by	6:15
6:30	calling the front	Swim Lessons					calling the front	6:30
6:45	desk at		Lap				desk at	6:45
7:00	847-272-7250.		6:15-8:15p				847-272-7250.	7:00
7:15								7:15
7:30								7:30
7:45								7:45
8:00								8:00
8:15								8:15