



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

**NORTH SUBURBAN
YMCA**
2705 Techny Road
Northbrook, IL 60062
www.nsymca.org

For More Information Contact:

Kim Nyren
knyren@nsymca.org
847-272-7250

FOR IMMEDIATE RELEASE

North Suburban YMCA Offers Engaging, Active Spring Break Camps for All Ages

Community families can choose from preschool, gymnastics, full-day Y-Camp, art, and creative crafting programs March 23–27

Northbrook, IL – March 2026 – The North Suburban YMCA is helping families make the most of spring break with a variety of engaging, active, and creative camps for children ages 3 through 14.

Running **March 23–27**, Spring Break at the Y offers flexible options designed to keep young people learning, moving, and connecting in a safe and supportive environment. [CLICK HERE for all programs and registration.](#)

“At the Y, we know that school breaks can be challenging for families,” said **Kathy Fielding, CEO of the NSYMCA**. “Our Spring Break camps provide a place where children can stay active, build confidence, express creativity, and develop friendships — all while having fun in a nurturing environment.”

Spring Break Camp Offerings

Spring Break Preschool Camp (Ages 3–5)

Monday–Friday | 9:00 AM–12:00 PM

Young children will enjoy gym games, crafts, snack time, stories, and hands-on activities designed to support social development and active play.

\$150 Members | \$200 Non-Members

Spring Break Art Camp (Ages 3–6)

Monday–Thursday | 1:00 PM–4:00 PM

Young artists will explore painting, drawing, and mixed media while building creativity, fine motor skills, and confidence. Children complete a special artwork each day to bring home.

Single Day: **\$60 Members | \$85 Non-Members**

All 4 Days: **\$200 Members | \$250 Non-Members**

Minimum of three participants per day required.

Spring Break Y-Camp (Grades K–5)

Monday–Friday | 9:00 AM–6:00 PM

This full-day camp experience includes scheduled field trips, arts and crafts, gym games, large group activities focused on teamwork and social development, and supervised swim time when available. Designed to keep children engaged throughout the day, Y-Camp supports families with a structured and enriching option during school break.

Field trip itinerary includes:

- Monday 3/23- Chasers Laser Tag
- Tuesday 3/24 – Charlie and the Chocolate Factory – Children’s Marriott
- Wednesday 3/25 – Brookfield Zoo
- Thursday 3/26 – Kids Empire
- Friday 3/27 – Action Territory

Spring Break Gymnastics Camp (Ages 6–14)

Monday–Friday | 9:00 AM–12:00 PM

Participants will build strength, coordination, and confidence through structured gymnastics instruction, skill development, and high-energy games in the Y’s gymnastics facility. Daily registration options are available.

\$185 Members | \$235 Non-Members

Craft-tastic! Spring Break Camp (Grades 2–6)

Monday–Thursday | 1:00 PM–4:00 PM

With the theme “Spring Into Crafting!” campers will design and create projects such as embroidery, tie-dye, recycled art, and more alongside Ms. Alex. Each day features hands-on projects participants can proudly bring home.

Single Day: **\$60 Members | \$85 Non-Members**

All 4 Days: **\$230 Members | \$280 Non-Members**

Minimum of three participants per day required.

As a leading nonprofit committed to strengthening community, our Y works to ensure families have access to enriching programs year-round. Financial assistance is available to help ensure every child has the opportunity to participate.

Registration is now open. Families can learn more and register by visiting nsymca.org or contacting the North Suburban YMCA at 847-272-7250. [CLICK HERE FOR REGISTRATION](#)

About the North Suburban YMCA: The North Suburban YMCA services Northbrook and 14 surrounding communities with programs and tools that help its residents become healthier, more connected, and confident, ensuring that everyone, regardless of age, income, or background, has the opportunity to learn, grow, and thrive. The NSYMCA focuses on Youth Development, Healthy Living, and Social Responsibility and is a charitable organization, inclusive and welcoming to all in our community. Learn more at NSYMCA.org



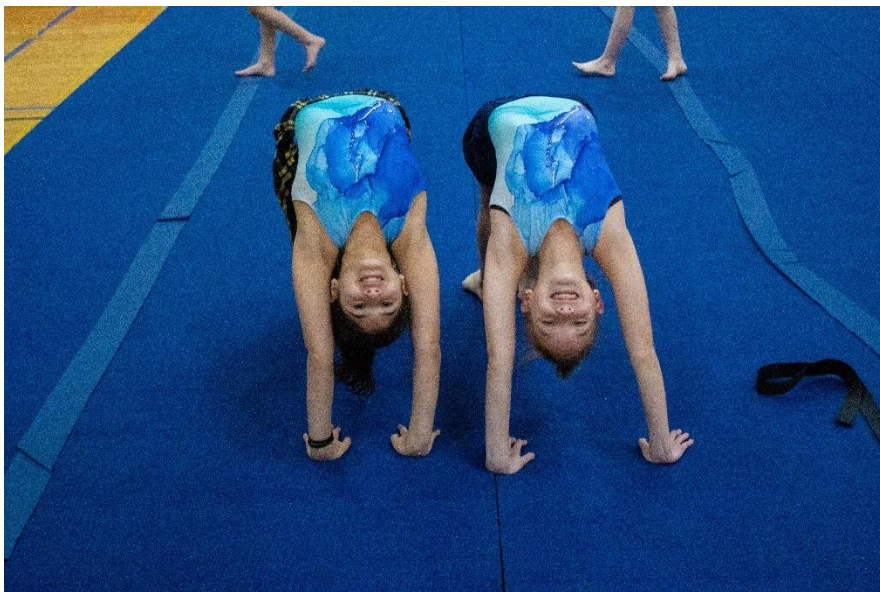
The NSYMCA is offering Spring Break Camps, including our **Craft-tastic Camp** with the theme “Spring Into Crafting” where campers will design and create projects such as embroidery, tie-dye, recycled art, and more



The NSYMCA is offering Spring Break Camps, including camps that include swim and swimming lessons in our extra large lap pool.



The NSYMCA is offering Spring Break Camps like Preschool Camp where young children will enjoy gym games, crafts, snack time, stories, and hands-on activities designed to support social development and active play.



The NSYMCA is offering Spring Break Camps, including Gymnastics where participants will build strength, coordination, and confidence through structured gymnastics instruction, skill development, and high-energy games in the Y's gymnastics facility.



The NSYMCA is offering Spring Break Camps, where young artists will explore painting, drawing, and mixed media while building creativity, fine motor skills, and confidence.



The NSYMCA is offering full-day Spring Break camp experiences and includes scheduled field trips like Chasers Laser Tag, a show at the Marriott, Charlie and the Chocolate Factory, Brookfield Zoo, Kids Empire and Action Territory.