



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

**NORTH SUBURBAN
YMCA**

2705 Techny Road
Northbrook, IL 60062
www.nsymca.org

For More Information Contact:

Kim Nyren
knyren@nsymca.org
847-272-7250

FOR IMMEDIATE RELEASE

North Suburban YMCA Announces 2nd Annual KidPalooza Event on February 1

A Fun-Filled, Family-Friendly Day of Exploration and Community Engagement

Northbrook, IL – The North Suburban YMCA is excited to announce its **2nd Annual KidPalooza**, formerly known as the Youth Explorer Expo. This family-friendly celebration invites the community to come together for an afternoon of fun, adventure, and discovery. The event will take place on **Sunday, February 1, 2026**, from **12:00–2:00 PM** at the North Suburban YMCA, located at **2705 Techny Road, Northbrook**. Admission is free and open to all ages.

KidPalooza is the perfect opportunity for families to get out of the house this winter and enjoy activities designed especially for young children. In addition, guests are encouraged to bring their swimsuits and take part in **Family Swim during the event from 12:00 – 2:00 PM**.

“KidPalooza is really just a fun winter day at the Y for families,” said **Ricky Gonzalez, Senior Director of Camp and Youth Programs** at the North Suburban YMCA. “It’s a big indoor play day where families can pop in, explore different activities, and enjoy some easy weekend fun with their young kids.”

Event Highlights Include:

- **Family Fun Zones:** Bounce house obstacle course, face painting, arts and crafts, cookie decorating, games, music, dance, family swim, photo booth, and more.
- **Community Resources:** Learn about youth programs, healthcare partners, and other organizations supporting local families.

KidPalooza is a winter wonderland of family fun, offering something magical for everyone—from little ones to grown-ups. Whether you’re looking to explore new Y programs or simply enjoy a cozy, joy-filled afternoon of play and connection, KidPalooza is the perfect way to warm up the season and kick off the new year with excitement and community spirit.

Event Details:

- **Date:** Sunday, February 1, 2026
- **Time:** 12:00 PM – 2:00 PM
- **Location:** North Suburban YMCA, 2705 Techny Road, Northbrook
- **Phone:** 847-272-7250
- **Cost:** Free
- **Open To:** All ages

For more information, please visit www.nsymca.org or contact **Ricky Gonzalez**, Senior Director of Camp and Youth Programming, at RGonzalez@nsymca.org.

Businesses interested in hosting a table at the expo should sign up by **January 15**. Spots are limited. [CLICK HERE FOR APPLICATION AND PRICING.](#)

Nonprofits may participate at no cost; however, space is limited. Please contact **Kim Nyren, Director of Community Investment and Events**, at knynren@nsymca.org before January 15.

Sponsors of the event include, [Illinois Bone and Joint Institute](#), [Wintrust Community Banks](#), [Waterway Carwash](#), [Glenview Smiles](#), [North Suburban Center for Anxiety](#) and many more local vendors.

[About North Suburban YMCA](#)

The North Suburban YMCA services Northbrook and 14 surrounding communities with programs and tools that help its residents become healthier, more connected, and confident, ensuring that everyone, regardless of age, income, or background, has the opportunity to learn, grow, and thrive. The NSYMCA focuses on Youth Development, Healthy Living, and Social Responsibility and is a charitable organization, inclusive and welcoming to all in our community. Learn more at NSYMCA.org.

The North Suburban YMCA offers a multitude of youth programs including performing arts, visual arts, summer camp, gymnastics, volleyball, basketball, fitness programs, special needs programs, swim, after school care and more.



The 2nd Annual NSYMCA KidPalooza (formerly Youth Explorer Expo) is on Sunday, February 1 from 12 pm to 2 pm at The North Suburban YMCA located at 2705 Techny Road, Northbrook, IL 60062.