

Recital Week

Monday 6/1

Regular scheduled classes @NSYMCA

Tuesday 6/2

Regular scheduled classes @NSYMCA

Wednesday 6/3

Regular scheduled classes @NSYMCA

Thursday 6/4

Dress Rehearsal @ LOYOLA ACADEMY
(See schedule page)

Friday 6/5

Dress Rehearsal @ LOYOLA ACADEMY
(See schedule page)

Saturday 6/6

Recital - 10am, 1pm, 4pm @ LOYOLA ACADEMY
(See schedule page)



Recital 2026 Handbook

**Make-Up
Hair
Costume Care**



Not covered in the handbook?
Email: vlober@nsymca.org

General Information

Location for Dress Rehearsal and Recital June 4-6

McGrath Family Performing Arts Center

Loyola Academy

1100 Laramie Ave, Wilmette, IL 60091



- **Mandatory Dress Rehearsal and Recital dates and times are listed on the schedule pages. Please locate each individual class your dancer attends for information.**
- **Due to the intricacies of coordinating two Dress Rehearsal dates and 3 Recitals for the amount of students/classes and staff involved, the schedules in this book are final and cannot be adjusted further.**
- **Dancers in multiple dances may have different Dress Rehearsal dates and Recital times. Many embrace the long weekend as a celebration for their hard work all year long leading up to these few days.**
- **The NSSOD Dance Recital is a general admission performance with seating as first-come-first-served. Doors will open 30 minutes prior to the beginning of the show. Saving seats is not allowed. Check out the Community Strong Auction for a chance at 10 preferred seats for 10am, 1pm, or 4pm!**
- **Any guests needing special accommodations for seating should email performingarts@nsymca.org no later than June 1st to reserve their seating.**

Parent Volunteers

- **We are requesting the help of parent volunteers to assist backstage with our dancers.**
- **If you are interested in volunteering, please scan the QR code to submit online**



Mandatory Dress Rehearsal

- **Students MUST attend dress rehearsal in order to perform in the recital. Students who are not at dress rehearsal will not be permitted to dance at recital. We understand there may be optional events/opportunities that conflict with our recital/rehearsal dates and trust our dancers will honor their commitment to their required rehearsal and recital times, fellow dancers, and choreographers. Please understand we need to focus on serving the entirety of our student base, from preschool through high school as well as our staff and venue needs.**
- **Please locate your class on the schedule pages for your Call Time. This Call Time is when dancers should be at the theatre ready to go for their dance, in costume, with full hair and make-up complete.**
- **Dancers will find and sit with their class in the auditorium until their teacher or another staff member calls them back stage. Plan on spending 45-60 minutes at the theatre for each dance.**
- **This time includes professional photos for groups and individuals as well as time spent on stage rehearsing. You are not obligated to purchase these photos, but all dancers will participate in the group photo. Forms will be sent home prior to Dress Rehearsal and will also be available at the venue with representatives to help with purchasing should you choose. As a reminder, parents are not allowed into the photo room during pictures.**
- **Dancers in multiple dances may have a stage time that runs up to their next scheduled photo time. For these dances, photos will begin with individual poses and end with group poses so dancers may change, drink some water, and apply any quick touch ups to hair or make-up.**
- **You may take video and non-flash photography during this time. Please remember that it is a rehearsal. Choreographers may be working with the dancers while they are on stage and will need a pathway in front of the stage. We will have a videographer filming the shows with a digital download for all dancers.**

Recital Day Information

Check In: Table located in the lobby

Saturday, June 6th 2026

- Arrive in costume with hair and make-up complete
- Younger dancers, use the restroom and change into dance shoes before checking in!
- Please do not arrive to the check-in table before your designated time
- Dancers will check in and be taken to their designated dressing room by our staff. Please do not plan to accompany your dancer to the dressing room.
- Auditorium doors will open 30 min prior to show time

Pink Check In

- 9:00am- Ages 6+ (Levels 1-6/Adv)
Levels 3+ Warm Up on stage 9:15am
- 9:15am- Ages 3-5
- 10:00am- Show

Blue Check In

- 12:00pm- Ages 6+ (Levels 1-6/Adv)
Levels 3+ Warm Up on stage 12:15pm
- 12:15pm- Ages 3-5
- 1:00pm- Show

Green Check In

- 3:00pm- Ages 6+ (Levels 1-6/Adv)
Levels 3+ Warm Up on stage 3:15pm
- 3:15pm- Ages 3-5
- 4:00pm- Show

Backstage

- All dancers will stay backstage for the duration of the show. Dancers will be able to watch a livestream of the performance.
- Parents are not permitted backstage. If there is an issue or emergency, NSYMCA Staff will come and get you.

Costumes

- Dancers will begin trying on their costumes in class during the month of April. Costumes are constantly on their way in and one class may try their costumes on before another class' arrives.
- Costumes will be sent home closer to the recital in May along with a tights/hair/shoes checklist. This information will also be posted in our display case outside studio ABC across from the dance office.
- For costume tips and tricks, please see our Recital 101 Board next to our costume board or scan the back of this handbook!
- Label EVERYTHING!

Costume Changes

- If your dancer is in ONE dance: Please have your dancer arrive in full costume with hair, makeup, tights, shoes and accessories on to both Dress Rehearsal and the Recital.
- If your dancer is in TWO or more dances: Please have your dancer arrive in their FIRST dance costume with hair, makeup, tights, shoes and accessories to both Dress Rehearsal and the Recital. LABEL their second costume, shoes and accessories with their name. After their first dance – dancers will change in a dressing room backstage and wait for their next dance. Show orders for the recital will be posted at Dress Rehearsal for planning.

Hair and Make-Up

- Due to the nature of stage performance, dancers of all ages are required to wear make-up so that their facial features are visible and not washed out by the harsh lighting.
- Information regarding hair/make-up/tights/shoes will be sent home with your costume as well as posted on the costume board outside studio ABC.
- For hair & make-up tips and tricks, please see our Recital 101 Board next to our costume board or scan the back of this handbook!
- Dancers age 3-6 should follow the "Light Stage Make-Up" guide
- Dancers 7+ should follow the "Full Stage Make-Up" guide
- Dance tights (no nylons please!) and shoes are NOT provided. Recommended brands: Capezio, Bloch, Balera, Body Wrappers

Dress Rehearsal and Recital Dates/Times

- Please locate your class(es) below with the correct date/time/instructor.
- Dancers **MUST** attend their scheduled Dress Rehearsal in order to attend their Recital.
- Arrive on time for Dress Rehearsal Call Time and Recital Check In, we will not be able to accommodate late dancers.
- Full hair and make-up must be complete upon arrival for both Dress Rehearsal and Recital.
- Make sure to pack all costumes/accessories/shoes ahead of time. Show orders for Saturday will be posted at Dress Rehearsal.

Dress Rehearsal Thursday, June 4

Class (date and time)	Instructor	Call Time THURS 6/4	Check in SAT 6/6	Recital SAT 6/6
Ballet/Tap Beats (Wed. 4:15pm)	Megan	3:50pm	9:15am	10am
Ballet/Tap Designs (Wed. 5:15pm)	Leslie	4:00pm	12:15pm	1pm
Ballet 1/2 (Wed. 5:15pm)	Megan	4:10pm	12pm	1pm
Hip Hop 3 (Mon. 6:15pm)	Perry	4:20pm	3pm	4pm
Hip Hop 2 (Mon. 4:45pm)	Perry	4:30pm	9am	10am
Ballet 2/3 ages 8-10 (Tues. 5:15pm)	Joni	4:40pm	12pm	1pm
Ballet 2/3 ages 11+ (Mon. 4:15pm)	Joni	4:50pm	3pm	4pm
Hip Hop 1 (Mon. 5:30pm)	Perry	5:00pm	3pm	4pm
Poms 1 (Thurs. 4:15pm)	Val	5:10pm	12pm	1pm
Tap 4/5 (Mon. 5:15pm)	Jenna	5:20pm	9am	10am
STAFF DINNER BREAK 6:00-6:30pm				
Tap 2/3 (Mon. 4:15pm)	Jenna	6:20pm	3pm	4pm
Ballet 4/5/6 (Wed. 5:45pm)	Julia	6:30pm	9am	10am
Ballet 1 (Sat. 12:15pm)	Leslie	6:40pm	9am	10am
Tap 6 (Mon. 7:15pm)	Jenna	6:50pm	9am 12pm	10am 1pm
Jazz 2 (Thurs. 5:15pm)	Val	7:00pm	12pm	1pm
Adult Tap 3 (Wed. 7:30pm)	Caroline	7:10pm	3pm	4pm
Poms 2 (Thurs. 4:15pm)	Julia	7:20pm	10am	10am
Ballet 3/4 (Sat. 12:15pm)	Brennen	7:30pm	3pm	4pm
Ballet 5/6 (Sat. 10:15pm)	Brennen	7:40pm	12pm 3pm	1pm 4pm
Seniors+ Ellie Pointe		7:50pm	9a, 12p, 3p	Srs ALL, Ellie 10am

Picking Up Your Dancer

- All dancers will participate in our final bows- The YMCA.
- Mini Movers classes will remain on stage for pick up. Please send **ONE** parent to the stairs on the side of the stage to pick up your child. Classes will be dismissed one at a time.
- Level 1 and above will be picked up backstage. Please send 1 parent/guardian to pick up your dancer near the dressing rooms or have them meet you in the lobby. If you would like to greet your dancer with flowers or gifts, please do so in the theatre lobby as there is limited room backstage.
- Please note: Balloons are not allowed at this venue

Dress Rehearsal Friday, June 5

Class	Instructor	Call Time FRI 6/5	Check In SAT 6/6	Recital 6/6
Ballet Rhythms/Beats (Sat 10:30am)	Leslie	3:50pm	9:15am	10am
Ballet 3 (Mon. 5:45pm)	Brennen	4:00pm	9am	10am
Ballet/Tap Beats/Designs (Sat. 11:15am)	Leslie	4:10pm	3pm	4pm
Jazz 5 (Tues. 4:45pm)	Brennen	4:20pm	12pm	1pm
Jazz 4 (Mon. 7pm)	Brennen	4:30pm	3pm	4pm
Jazz 3 (Tues. 6:15pm)	Kae	4:40pm	3pm	4pm
Jazz 1 (Wed. 6:15pm)	Leslie	4:50pm	12pm	1pm
Cont Mod 4 (Tues. 7:15pm)	Kae	5:00pm	9am	10am
Cont Mod 3 (Thurs. 6:15pm)	Julia	5:10pm	12pm	1pm
Cont Mod 2 (Tues. 5:15p)	Kae	5:20pm	3pm	4pm
STAFF DINNER BREAK 6:00-6:30pm				
Dance Company NSSOD IMC *Wear Crossroads and DYHT	Val	6:20pm	9a, 12p, 3pm	TBD
Poms 4 (Wed. 7:15pm)	Julia	6:40pm	12pm 3pm	1pm 4pm
Jazz 6 (Tues. 6pm)	Val	6:50pm	9am 3pm	10am 4pm
Poms 3 (Thurs. 5:15pm)	Julia	7:00pm	9am	10am
Musical Theatre (Wed. 7:15pm)	Leslie	7:10pm	3pm	4pm
Cont Mod 5 (Tues. 7:15pm)	Brennen	7:20pm	9am 12pm	10am 1pm
Acro & Tricks 1&2 (Wed. 4:30pm) & (Thurs. 7:15pm)	Julia	7:30pm	12pm	1pm