



	Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		
5:00			5:00		5:00		5:00		5:00		5:00		5:00		5:00
5:15	* Reservation Required		5:15		5:15		5:15		5:15		5:15		5:15		5:15
5:30			5:30		5:30		5:30		5:30		5:30		5:30		5:30
5:45			5:45		5:45		5:45		5:45		5:45		5:45		5:45
6:00			6:00		6:00		6:00		6:00		6:00		6:00		6:00
6:15	Lap Swim* 6:15-7a		6:15		6:15		6:15		6:15		6:15		6:15		6:15
6:30			6:30		6:30		6:30		6:30		6:30		6:30		6:30
6:45			6:45		6:45		6:45		6:45		6:45		6:45		6:45
7:00			7:00		7:00		7:00		7:00		7:00		7:00		7:00
7:15	Lap Swim* 7:15-8a		7:15		Aqua Blast 7:15-8:00am		7:15		Lap Swim* 7:15-8a		7:15		Lap Swim* 7:15-8a		7:15
7:30			7:30				7:30				7:30				7:30
7:45			7:45				7:45				7:45				7:45
8:00			8:00				8:00				8:00				8:00
8:15	Lap Swim* 8:15-9a		8:15		Lap Swim* 8:15-9a		8:15		Aqua Zumba 8:15-9am		8:15		Aqua Zumba 8:15-9am		8:15
8:30			8:30				8:30				8:30				8:30
8:45			8:45				8:45				8:45				8:45
9:00			9:00				9:00				9:00				9:00
9:15	Lap Swim 9:15-11:15am	PSL	9:15		Lap 9:15-10a		9:15		Aqua Combo 9:15-10am		9:15		Aqua Blast 9:15-10am		9:15
9:30			9:30				9:30				9:30				9:30
9:45			9:45				9:45				9:45				9:45
10:00			10:00				10:00				10:00				10:00
10:15			10:15				10:15				10:15				10:15
10:30			10:30				10:30				10:30				10:30
10:45			10:45				10:45				10:45				10:45
11:00			11:00				11:00				11:00				11:00
11:15			11:15				11:15				11:15				11:15
11:30	Special Olympics Swim Team		11:30		11:30		11:30		11:30		11:30		11:30		11:30
11:45			11:45				11:45				11:45				11:45
12:00			12:00				12:00				12:00				12:00
12:15			12:15				12:15				12:15				12:15
12:30			12:30				12:30				12:30				12:30
12:45			12:45				12:45				12:45				12:45
1:00	Lap 1-1:45p PSL		1:00		Our Place		1:00		Lap Swim 11:15-2pm		1:00		Lap Swim 11:15-2pm		1:00
1:15			1:15				1:15				1:15				1:15
1:30			1:30				1:30				1:30				1:30
1:45			1:45				1:45				1:45				1:45
2:00	Family Swim 2-3pm		2:00		Lap Swim 2:15-4pm		2:00		Lap Swim 2:15-4p PSL		2:00		Lap Swim 2:15-4pm		2:00
2:15	Family Swim 3:15-4:15pm	PSL	2:15		Lap Swim 2:15-4p PSL		2:15		Lap Swim 2:15-4p PSL		2:15		Family Swim 2-3pm		2:15
2:30			2:30				2:30				2:30				2:30
2:45			2:45				2:45				2:45				2:45
3:00			3:00				3:00				3:00				3:00
3:15			3:15				3:15				3:15				3:15
3:30	Family Swim 3:15-4:15pm		3:30		Y-Time Swim		3:30		Special Olympics Swim Team & Swim Club		3:30		Special Olympics Swim Team & Swim Club		3:30
3:45			3:45				3:45				3:45				3:45
4:00			4:00		4:15-6:30pm Swim Lessons		4:00		4:15-6:30pm Swim Lessons		4:00		4:15-6:30pm Swim Lessons		4:00
4:15			4:15				4:15				4:15				4:15
4:30			4:30				4:30				4:30				4:30
4:45			4:45				4:45				4:45				4:45
5:00			5:00				5:00				5:00				5:00
5:15			5:15				5:15				5:15				5:15
5:30	Please make your same day Family Swim reservations by calling the front desk at 847-272-7250.		5:30		Swim Club		5:30		Swim Club		5:30		Swim Club		5:30
5:45			5:45				5:45				5:45				5:45
6:00			6:00		6:00-8:15pm Swim Lessons		6:00		Lap 6:45-8:15p PSL		6:00		Lap 6:45-8:15p PSL		6:00
6:15			6:15				6:15				6:15				6:15
6:30			6:30				6:30				6:30				6:30
6:45			6:45				6:45				6:45				6:45
7:00			7:00				7:00				7:00				7:00
7:15			7:15				7:15				7:15				7:15
7:30			7:30				7:30				7:30				7:30
7:45			7:45				7:45				7:45				7:45
8:00			8:00				8:00				8:00				8:00

Winter 1 2026 Session Pool Schedule: January 5 to February 22

as of 1/12/2026 *schedule subject to change*

Please make your same day Family Swim reservations by calling the front desk at 847-272-7250.