



FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

**NORTH SUBURBAN YMCA**  
2705 Techny Road  
Northbrook, IL 60062  
[www.nsymca.org](http://www.nsymca.org)

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**NSYMCA Community Gallery Showcases “Looking Back” – 40 Paintings for 40 Years by Artist Kathryn Gauthier**

Art for sale and a portion of the proceeds benefit the NSYMCA Visual Arts

**FOR IMMEDIATE RELEASE**

**Northbrook, IL – December 2025** – The North Suburban YMCA (NSYMCA) is proud to announce its latest Community Gallery exhibition featuring award-winning artist **Kathryn Gauthier**. Her new show, **“Looking Back: 40 Paintings for 40 Years,”** celebrates an extensive creative journey with forty works representing four decades of artistic exploration. The exhibition will be on display now through **December** in the NSYMCA Community Gallery located in Northbrook.

Gauthier, a graduate of Emmanuel College and Trinity Rep Conservatory, has built a vibrant fine art career intertwined with her lifelong passions in the performing, culinary, and healing arts. The exhibition features selections from four diverse bodies of work: some inspired by the depth and energy of the urban landscape, others by the dynamic rhythms and colors of jazz improvisation. Additional pieces focus on the play of light across form and objects that tie generations together, while others reflect the vast beauty and resilience of the American landscape.

**“My 40 odd years as a practicing artist have taken me through a broad range of experiences and passions, leading me to explore different subject matter and mediums, including performing arts,”** says Gauthier. **“Ultimately, our life work is in becoming our best selves. The journey continues for me!”**

As part of the celebration, the NSYMCA will host two special events open to the public:

**Holiday Pop-Up Sale**

Tuesday, December 9, 4:00 – 7:00 pm

**Artist Reception**

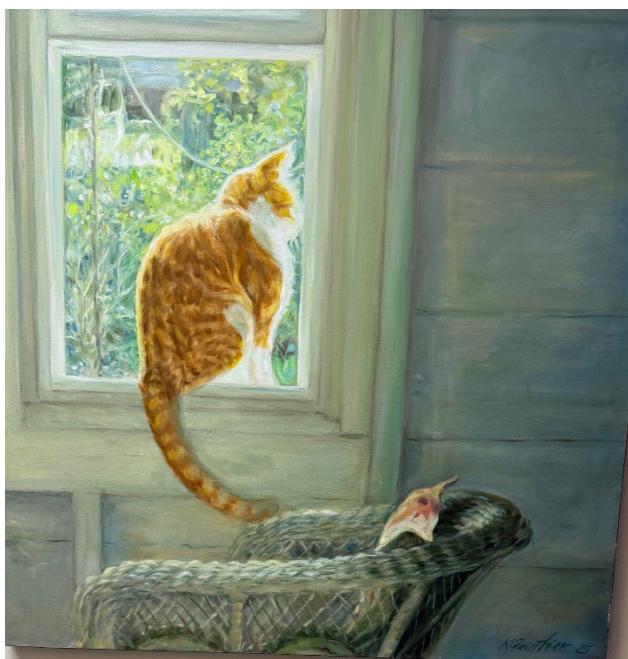
Sunday, December 14, 2:00 – 4:00 pm

All artworks will be available for purchase, with a portion of the proceeds benefiting the NSYMCA's Visual Arts programs. The NSYMCA Community Gallery supports local and regional artists while bringing accessible arts experiences to the community. The gallery is open during regular YMCA operating hours at 2705 Techny Road in Northbrook.

For more information, please visit the North Suburban YMCA website or contact Megan Vasquez in the Visual Arts Department at 847-272-7250.

**About the North Suburban YMCA**

The North Suburban YMCA services Northbrook and 14 surrounding communities with programs and tools that help its residents become healthier, more connected, and confident, ensuring that everyone, regardless of age, income, or background, has the opportunity to learn, grow, and thrive. The NSYMCA focuses on Youth Development, Healthy Living, and Social Responsibility and is a charitable organization, inclusive and welcoming to all in our community. Learn more at [NSYMCA.org](http://NSYMCA.org).



North Suburban YMCA's Community Gallery for December features artist Kathryn Gauthier, this painting is named "Sentinel" and the medium is Oil on canvas.



North Suburban YMCA's Community Gallery for December features artist Kathryn Gauthier, this painting is named "Copper Kettle" and the medium is oil on canvas.



North Suburban YMCA's Community Gallery for December features artist Kathryn Gauthier, this painting is named "Hawthorn Home - Old Manse – Concord MA," and the medium is watercolor.