



North Suburban YMCA
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FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

	Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
5:00			5:00		5:00		5:00		5:00		5:00		5:00	
5:15	* Reservation		5:15		5:15		5:15		5:15		5:15		* Reservation	5:15
5:30	Required		5:30	Lap Swim*	5:30	Lap Swim*	5:30	Lap Swim*	5:30	Lap Swim*	5:30	Lap Swim*	5:30	Required
5:45			5:45	5:15-6a	5:45	5:15-6a	5:45	5:15-6a	5:45	5:15-6a	5:45	5:15-6a	5:45	
6:00			6:00		6:00		6:00		6:00		6:00		6:00	
6:15	Lap Swim*		6:15	Lap Swim*	6:15	Lap Swim*	6:15	Lap Swim*	6:15	Lap Swim*	6:15	Lap Swim*	6:15	
6:30	6:15-7a		6:30	6:15-7a	6:30	6:15-7a	6:30	6:15-7a	6:30	6:15-7a	6:30	6:15-7a	6:30	Lap Swim*
6:45			6:45		6:45		6:45		6:45		6:45		6:45	6:15-7a
7:00			7:00		7:00		7:00		7:00		7:00		7:00	
7:15	Lap Swim*		7:15	Aqua Blast	7:15	Lap Swim*	7:15	Lap Swim*	7:15	Lap Swim*	7:15	Lap Swim*	7:15	Lap Swim*
7:30	7:15-8a		7:30	7:15-8:00am	7:30	7:15-8a	7:30	7:15-8a	7:30	7:15-8a	7:30	7:15-8a	7:30	7:15-8a
7:45			7:45		7:45		7:45		7:45		7:45		7:45	
8:00			8:00		8:00		8:00		8:00		8:00		8:00	
8:15	Lap Swim*		8:15	Lap Swim*	8:15	Aqua Zumba	8:15	Aqua Zumba	8:15	Lap Swim*	8:15	Lap Swim*	8:15	Lap*
8:30	8:15-9a		8:30	8:15-9a	8:30	8:15-9am	8:30	8:15-9am	8:30	8:15-9a	8:30	8:15-9a	8:30	8:15-9am
8:45			8:45		8:45		8:45		8:45		8:45		8:45	
9:00			9:00		9:00		9:00		9:00		9:00		9:00	
9:15	Lap Swim	PSL	9:15	Lap Swim	9:15	Aqua Combo	9:15	Aqua Blast	9:15	Lap Swim	9:15	Lap Swim	9:15	
9:30	9:15-		9:30	9:15-10a	9:30	9:15-10am	9:30	9:15-10am	9:30	9:15-10a	9:30	9:15-10a	9:30	
9:45	11:15am		9:45		9:45		9:45		9:45		9:45		9:45	
10:00			10:00	Aqua Combo	10:00		10:00		10:00	Aqua Combo	10:00	Aqua Combo	10:00	9:00-12:15pm
10:15			10:15	10:15-11am	10:15	Swim Lesson	10:15	Swim Lesson	10:15	10:15-11am	10:15	10:15-11am	10:15	Swim Lessons
10:30			10:30		10:30		10:30		10:30		10:30		10:30	
10:45			10:45		10:45		10:45		10:45		10:45		10:45	
11:00			11:00		11:00		11:00		11:00		11:00		11:00	
11:15			11:15		11:15		11:15		11:15		11:15		11:15	
11:30	Special		11:30	Lap Swim	11:30		11:30		11:30	Lap Swim	11:30	Lap Swim	11:30	
11:45	Olympics		11:45	11:15-2pm	11:45		11:45		11:45	11:15-2pm	11:45	11:15-2pm	11:45	
12:00	Swim Team		12:00		12:00		12:00		12:00		12:00		12:00	
12:15			12:15		12:15		12:15		12:15		12:15		12:15	
12:30			12:30		12:30	Lap Swim	12:30	Lap Swim	12:30	Lap Swim	12:30	Lap Swim	12:30	Lap Swim
12:45			12:45		12:45	10:15-2pm	12:45	9:15-2pm	12:45	10:15-2pm	12:45	11:15-2pm	12:45	12:15-
1:00	Lap	PSL	1:00		1:00		1:00		1:00		1:00		1:00	1:45p
1:15	1-1:45p		1:15	Our	1:15		1:15		1:15		1:15		1:15	PSL
1:30			1:30	Place	1:30		1:30		1:30		1:30		1:30	
1:45			1:45		1:45		1:45		1:45		1:45		1:45	
2:00			2:00		2:00		2:00		2:00		2:00		2:00	
2:15	Family Swim		2:15		2:15		2:15		2:15		2:15		2:15	Family Swim
2:30	2-3pm		2:30		2:30		2:30		2:30		2:30		2:30	2-3pm
2:45			2:45	Lap Swim	2:45	Lap Swim	2:45	Lap Swim	2:45	Lap Swim	2:45	Lap Swim	2:45	
3:00			3:00	2:15-4pm	3:00	2:15-4p	3:00	2:15-4p	3:00	2:15-4p	3:00	2:15-4pm	3:00	
3:15			3:15		3:15		3:15		3:15		3:15		3:15	
3:30	Family Swim		3:30		3:30		3:30		3:30		3:30		3:30	Family Swim
3:45	3:15-4:15pm		3:45		3:45		3:45		3:45		3:45		3:45	3:15-4:15pm
4:00			4:00		4:00		4:00		4:00		4:00		4:00	
4:15			4:15	Y-Time	4:15		4:15		4:15		4:15		4:15	
4:30			4:30	Swim	4:30		4:30		4:30		4:30		4:30	
4:45			4:45	Club	4:45		4:45		4:45		4:45		4:45	
5:00			5:00		5:00	4:15-6:30pm	5:00	Special	5:00	4:15-6:30pm	5:00	Special	5:00	
5:15			5:15		5:15	Swim Lessons	5:15	Olympics	5:15	Swim Lessons	5:15	Olympics	5:15	
5:30			5:30		5:30		5:30	Swim Team	5:30		5:30	Swim Team	5:30	
5:45			5:45		5:45		5:45	& Swim Club	5:45		5:45	& Swim Club	5:45	
6:00	Please make		6:00		6:00		6:00		6:00		6:00		6:00	Please make
6:15	your same day		6:15		6:15		6:15		6:15		6:15		6:15	your same day
6:30	Family Swim		6:30		6:30		6:30		6:30		6:30		6:30	Family Swim
6:45	reservations		6:45		6:45		6:45		6:45		6:45		6:45	reservations
7:00	by calling the		7:00	6:00-8:15pm	7:00		7:00	Lap	7:00		7:00		7:00	by calling the
7:15	front desk at		7:15	Swim	7:15	Lap	7:15	6:15-	7:15	Lap	7:15		7:15	front desk at
7:30	847-272-7250.		7:30	Lessons	7:30	8:15p	7:30	8:15p	7:30	8:15p	7:30		7:30	847-272-7250.
7:45			7:45		7:45		7:45		7:45		7:45		7:45	
8:00			8:00		8:00		8:00		8:00		8:00		8:00	

Fall 2 2025 Session Pool Schedule: October 20 to December 21

as of 10/16/2025 *schedule subject to change*