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**NORTH SUBURBAN
YMCA**

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FOR IMMEDIATE RELEASE

NSYMCA Hosts *East on Central* in their Community Art Gallery

Showcase of the 2025 '*A Journal of Arts and Letters*' Volume 24

Northbrook, IL – September 2025 – The North Suburban YMCA is thrilled to host, for the first time, the art, poetry, and prose of the 2025 [*East on Central*](#): *A Journal of Arts and Letters*. This special showcase is on display in the Y's lobby and features works from this year's contributors in a vibrant celebration of community creativity and expression.

The *East on Central: A Journal of Arts and Letters* exhibition will be on display in the North Suburban YMCA's Community Art Gallery **through October 18, 2025**. Visitors are invited to experience an inspiring collection of visual and literary works that showcase the talent and imagination of local and regional artists and writers.

"Hosting the *East on Central* showcase reflects the Y's mission to strengthen community through the arts, providing space for talent and artistic vision to be shared and celebrated," said Kathy Fielding, CEO of the North Suburban YMCA.

East on Central is supported in part by the Highland Park Community Foundation, the Illinois Arts Council, and Arts Link North.

The *East on Central* participants showcasing at the Y Community Gallery include: **Gloria Bradle, Allison Bruce, Allen Cohen, Candice Glick, Mary Barnes-Gingrich, Susan Holtz, Terry Loncaric, Margoth Moreno, Thomas Sandercock, Howard Schultz (former CEO of the NSYMCA), Jan Keller Schultz, Maya Shimoni, Regina Siske, and Lynn West.**

The exhibition is free and open to the public during regular NSYMCA business hours in their lobby located at 2705 Techny Road, Northbrook.

East on Central: A Journal of Arts and Letters Vol. 24 is available for purchase through the [online store](#). Copies are also available at Sunset Foods in Highland Park and The Art Center of Highland Park.

The NSYMCA's Community Art Gallery celebrates the diversely talented artists living and working in Chicago's northern suburbs with monthly exhibits and pop-ups that are free and open to the public.

For more information about the NSYMCA Visual Arts programming or to inquiry about participating in their Community Art Gallery, contact Megan Vasquez at mvasquez@nsymca.org or call 847-272-7250.

About North Suburban YMCA

The North Suburban YMCA serves Northbrook and 14 surrounding communities with programs and tools that help its residents become healthier, more connected, and confident, ensuring that everyone, regardless of age, income, or background, has the opportunity to learn, grow, and thrive. The NSYMCA focuses on Youth Development, Healthy Living, and Social Responsibility and is a charitable organization, inclusive and welcoming to all in our community. Learn more at NSYMCA.org.

About East on Central

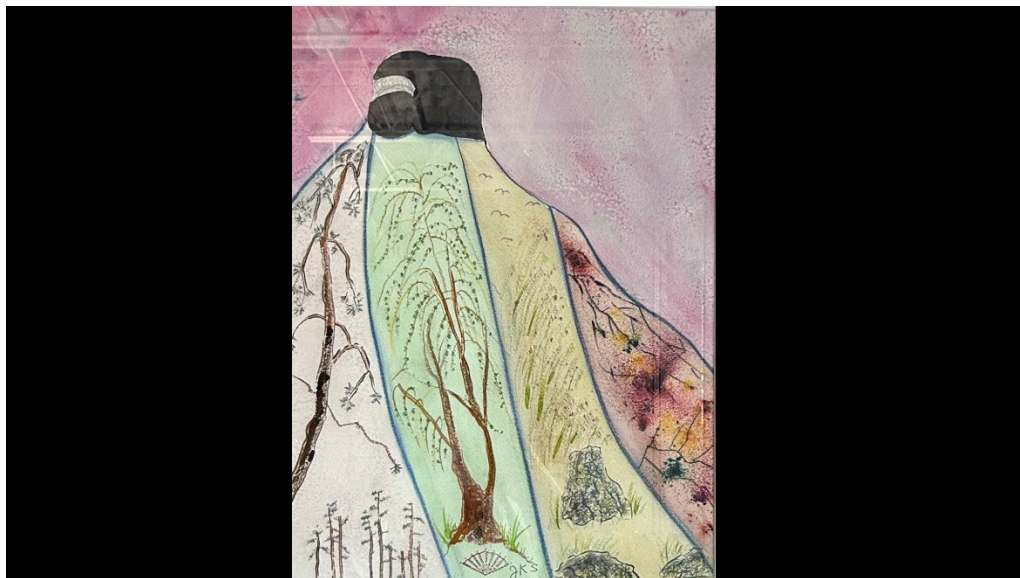
East on Central is a nonprofit organization that, in addition to publishing an annual art and literary journal, organizes community events to support the arts. The goal of the East on Central Association is to encourage artistic expression of the creative spirit through its journal and activities, nurturing the arts in the tradition of Highland Park, Illinois.



Caption 1: A special showcase at the NSYMCA Community Gallery from the *East on Central: A Journal of Arts and Letters* running through October 18. Image from Margoth Moreno "Waves" – Acrylic.



Caption 2: A special showcase at the NSYMCA Community Gallery from the *East on Central: A Journal of Arts and Letters* running through October 18. Image from Howard Schultz “*Texas 2 Step*” – Color Photography. Schultz is the former CEO of the NSYMCA.



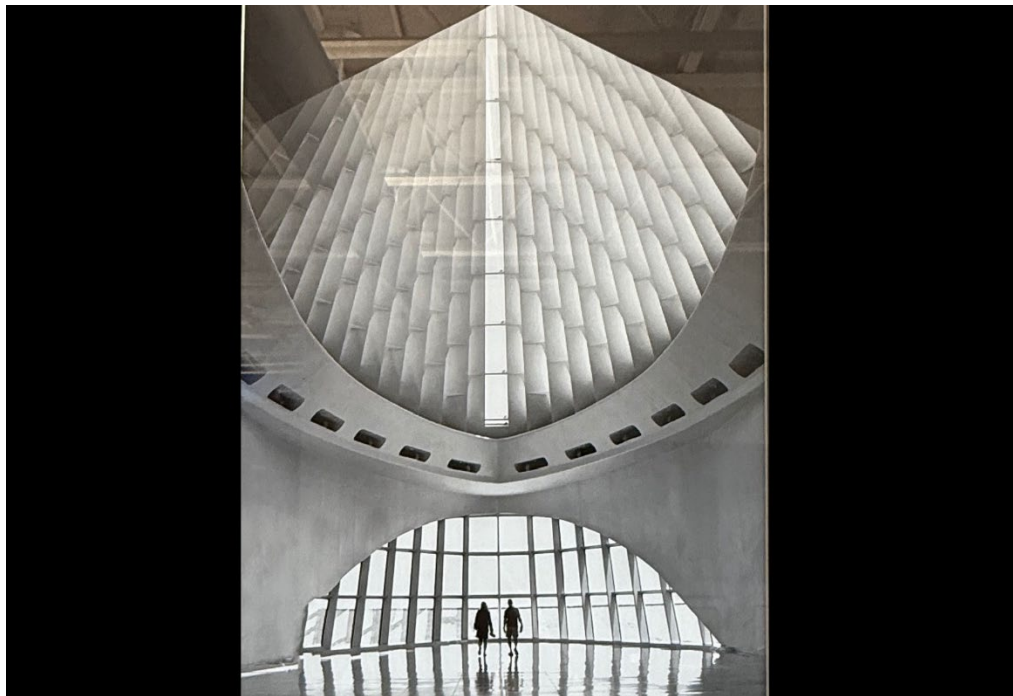
Caption 3: A special showcase at the NSYMCA Community Gallery from the *East on Central: A Journal of Arts and Letters* running through October 18. Image from Jan Keller Schultz “*Mother Earth*” – Watercolor.



Caption 4: A special showcase at the NSYMCA Community Gallery from the *East on Central: A Journal of Arts and Letters* running through October 18. Image from Thomas Sandercock "Oregon Dunes"- Photography



Caption 5: A special showcase at the NSYMCA Community Gallery from the *East on Central: A Journal of Arts and Letters* running through October 18. Image from Gloria Bradle "The Hiker" – Watercolor.



Caption 6: A special showcase at the NSYMCA Community Gallery from the journals of East on Central running through October 18. Image from Allen Cohn *"Milwaukee Art Museum"* – Photography.