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**NORTH SUBURBAN  
YMCA**  
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**FOR IMMEDIATE RELEASE**

**Hundreds Attend the North Suburban YMCA's Annual 'Trunk or Treat' Event**

Another Free Community Event attracting multigeneration of families

**Northbrook, IL – October 2025** – On October 19, hundreds of families gathered at the North Suburban YMCA for its annual **“Trunk or Treat”** celebration in Northbrook. Now in its fourth year, the event transformed the Y’s parking lot into a festive hub filled with over 25 elaborately decorated cars, local vendors, and costumed participants handing out candy and hosting games for guests of all ages.

The afternoon also featured a **youth costume contest** and a **Most Creative Vehicle Contest** for the “Trunk or Treat” participants. Community families, Y members, nonprofit organizations such as the Rotary Club of Northbrook and Family Services of Cicero, and local businesses all took part in the free event.

Six participants took home medals for standout costumes, including a *Pennywise and Little Georgie* family duo from Morton Grove, a homemade *Rubik’s Cube*, little ones dressed as *Winnie the Pooh* and a *Panda*, a mother-daughter pair as *Spider-Gwen* and *Red* from *Descendants*. An honorable mention went to a creative *Winifred Sanderson* costume from *Hocus Pocus* complete with the book of spells.

“Hosting free family events is just one of the many ways our Y gives back to the community,” said Kathy Fielding, NSYMCA CEO. “Even with the windy and early rainy weather, we had an amazing turnout. Our Trunk or Treat has truly become a community favorite!” continued Fielding. “The Y is a place for everyone, and I couldn’t be prouder of the joy and connection this event brought to families across generations.”

The **Most Creative Vehicle Contest**, first place went to a Y sponsor, **Shake Pet Training and Behavior Modification** from Des Plaines for their “Blue Dog Car,” complete with stuffed animals and a giant red tongue extending from the trunk. Other winners included **The Klitz Family** with a *Little Shop of Horrors* theme and **Jodi Joffe** from the **Rotary Club of Northbrook** with her giant monster trunk. Honorable mentions went to sponsor **Chicago Mind Solutions** for their *Bluey*-themed car complete with fun inspirational messaging.

Events like the NSYMCA's Trunk or Treat are made possible through generous community partnerships and sponsorships. This year's Event Sponsors included [Allstate](#), [Illinois Bone and Joint Institute](#), [Waterway Carwash](#), and [Wintrust Community Banks](#). Vendor Sponsors included [Bach to Rock](#), [9Round Kickboxing Fitness](#), [Celebree School of Northbrook](#), [Chicago Mind Solutions](#), [Elements Massage](#), [EverSmile Orthodontics](#), [Glenbrook Oral & Maxillofacial](#), [The Home Improvement Network](#), [Huntington Bank](#), [Nicor Gas Energy Efficiency Program](#), [Rover's Place](#), [Russian School of Math](#), and [Shake Pet Training and Behavior Modification](#).

The North Suburban's next events include their **Annual [Holiday Giveback](#) on December 6<sup>th</sup>** and their **2<sup>nd</sup> Annual [KidPalooza Event](#) on February 2, 2026**. For more information about sponsoring or participating in these community events, contact **Kim Nyren**, Director of Community Investment and Events, at [knyren@nsymca.org](mailto:knyren@nsymca.org), or visit [nsymca.org](http://nsymca.org).

The **North Suburban YMCA** ensures that everyone—regardless of age, income, or background—has the opportunity to learn, grow, and thrive. The Y never turns anyone away due to inability to pay. Proceeds from sponsors and vendors help support free community events like Trunk or Treat and provide financial assistance for families in need.

### [About the North Suburban YMCA](#)

YMCA The North Suburban YMCA services Northbrook and 14 surrounding communities with programs and tools that help its residents become healthier, more connected, and confident, ensuring that everyone, regardless of age, income, or background, has the opportunity to learn, grow, and thrive. The NSYMCA focuses on Youth Development, Healthy Living, and Social Responsibility and is a charitable organization, inclusive and welcoming to all in our community. Learn more at [NSYMCA.org](http://NSYMCA.org).



PHOTO 1: The North Suburban YMCA welcomes hundreds of families to their FREE Trunk or Treat last Sunday, October 19<sup>th</sup> – Pictured here were the winners of the Costume Contest.



PHOTO 2: Hundreds of families attend the North Suburban YMCA's Trunk or Treat Fest last Sunday, October 19<sup>th</sup>



PHOTO 3: Shake Pet Training and Behavior Modification from Des Plaines won the 1<sup>st</sup> Place Trophy for "Most Creative Vehicle" with their Blue Dog Themed car at the NSYMCA's Trunk or Treat Fest on Oct 19<sup>th</sup>.



PHOTO 4: A father daughter duo came as Pennywise and Georgie from Morton Grove, pose after winning *Most Creative Costume* at the NSYMCA's 'Trunk or Treat' on Sunday, October 19.



PHOTO 5: At the NSYMCA's "Trunk or Treat" fest on Oct 19th, this family shows off their banana costume.



PHOTO 6: At the NSYMCA's Fall Fest on Sunday Oct 19, a Northbrook family dressed up with their dog to participate in the fun.



PHOTO 7: A brother sister team smile while participating at NSYMCA's Annual 'Trunk or Treat' Fest on Sunday Oct 19 in Northbrook.



PHOTO 7: One of the Y's Sponsors, Rover's Place in Northbrook, hand out candy to happy participants dressed in costumes at the NSYMCA's Annual 'Trunk or Treat' Fest on Sunday Oct 19 in Northbrook.