

Students Helping Students

Hunger Resource Network and the North Suburban YMCA are teaming up with local college and high school students to host the 6th annual Students Helping Students event. This event helps provide personal care items to local families in need.



Pictures from
previous events!



Everyone
is welcome!

When: Sunday, July 13th, 2025
10 am - 2 pm

Where: North Suburban YMCA 2705
Techny Rd, Northbrook, IL 60062

Care Pack Guidelines

1. Please use double-bagged brown paper shopping bags with handles.
2. Please follow the contents of the bag as requested. Although we appreciate everyone's generosity, it is important that the contents be the same for all recipients.
3. The estimated cost of the contents is \$35.

Care Pack Contents

- Shampoo,
- Conditioner
- Body Wash (2)
- Body Lotion
- Deodorant
- Mouthwash
- Pack of Floss
- Pack of Toothpaste (2)
- Pack of Toothbrushes (6)
- Sunscreen



Build a Bag, Bring a Bag

Help us build bags at NSYMCA anytime from
10am-2pm on Sunday July 13th!

Can't make it?

Donate \$35 at hungerresourcenetwork.org and clicking
donate or dropping off your donation in person on
Sunday. Thank you for your support!



Interested in joining
the team?



Your contributions help make a difference!

Are you a Student Looking to get more involved in your community?

Who We Are

We are a group of students from the North Shore looking to eliminate food insecurity in our community. Food insecurity is all around us and we are looking for more students to help us with our cause.

Why You Should Join Us

- Build strong relations within the community
- Enhance your Resume
- Educate the community about food insecurity
- Challenge and break stigmas about food insecurity
- Create meaningful change

What We Ask of You

- Tell your friends and family about the campaign
- Promote the event via your social media using the informational flyers and videos
- Help maximize the number of bags received through other creative marketing/communication
- If your schedule permits, assist with set up, execution and clean-up on Sunday, July 13th at the NSYMCA in Northbrook

Scan here to get started!

