





2705 Techny Rd. Northbrook, IL 60062 847-272-7250 nsymca.org

NORTH SUBURBAN SCHOOL OF DANCE INSTRUCTIONAL TEAM

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Chief Executive Officer

Val Lober

Director of Performing Arts

Joni Goldstein

Performing Arts
Director Emeritus

Leslie Brockley

Perry Denton

Kae Orgel

Rachel Pike

Brennen Renteria

Julia Rzonca

Jenna Shoppe

Caroline Walsh-Kuhl

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MESSAGE FROM YOUR DIRECTOR

We are so happy to see the growth that has happened with each of these dancers over the last year. From our tiniest Mini Movers to our graduating seniors, it has been a pleasure to work with them! We as a NSSOD teaching staff are so proud of the work each dancer has done this year and I cannot wait to see what they do next year!

-Val Lober

NORTH SUBURBAN SCHOOL OF DANCE



The NSSOD inspires children and adults to be a catalyst of good in the world using the skills and concepts learned throughout their dance education. Not only do our students learn outstanding dance technique, they also explore leadership development through all of our syllabi and styles and grow an appreciation for the art of dance.

Our mission is to provide a quality dance education in an inclusive and welcoming environment for all, to inspire and nurture the next generation of dancers and performers, and to help all students achieve their full potential. Our vision is to see each student develop their talents in the studio in order to grow as leaders in their communities and appreciators of the arts.



DONATE TODAY!



CONGRATULATIONS TO OUR GRADUATING SENIORS

WAY TO GO CLASS OF 2025 We are so proud of you!



YAEL TOUBES
Ohio State University



ENNETTE WEINSTEIN DePaul University

WHERE DOES THE DJ GO? NSSOD Inspired Dance Company

Choreography by Leslie Brockley Music by Kylie Minogue Abby Maya Amit, Sophia Briskin, Abby Donnelly, Simryn Srivastava, Reagan Larson

THE SLEEPING BEAUTY

Choreography by Rachel Pike Music by Pyotr Ilyich Tchaikovsky Paige Anetsberger, Ellie Mikhael, Lily Musslewhite, KK Taylor, Yael Toubes, Ennette Weinstein

...READY FOR IT

Choreography by Jenna Schoppe Music by Taylor Swift Cayla Silverman, Amelia Tan-Eusebio, Sasha Toubes, Sofia Wojktowski

6.6 GIGUE

Choreography by Julia Rzonca Music by Peter Gregson Timmy Hagen, Abby O'Connor, Arianna Sheedy

CTRL-ALT-DEL

Choreography by Val Lober Music by Rêve Reagan Larson, Adelle Weinstein, Carolyn Wetter, Sofia Wojtkowski

LOOK THROUGH MY EYES

Choreography by Leslie Brockley Music by Phil Collins Eloise Ball, Charlotte Dilaveri, Allison Godzicki, Talia Morrel

WHAT A FEELING

Choreography by Val Lober
Music by Irene Cara
Gavi Eisenstein-Peters, Brooke Larson,
Marjorie Lin, Charlotte Rumoro,
Victoria Rzepa, Elena Serrano-Terry,
Charlotte Wetter

THE CHAIN

Choreography by Brennen Renteria Music by Evanescence Paige Anetsberger, Ella Bertler, Julia Einum, Ellie Mikhael, Lily Musslewhite, Arianna Sheedy, KK Taylor, Yael Toubes, Ennette Weinstein

LOOK FOR THE LIGHT

Choreography by Leslie Brockley Music by Meryl Streep, Ashley Park Elizabeth Giannini, Emma Kuby, Gillian Roth, Sophie Zhang

WHEN THE DOVES MARRY THE NIGHT

Choreography by Brennen Renteria Music by Prince/Lady Gaga Timmy Hagen, Ella Marmor, Abby Mitsevich, Emily Schwager, Cayla Silverman, Amelia Tan-Eusebio, Addison Tefka, Paige Tefka, Sasha Toubes, Charlotte Yen

SOMEWHERE OVER THE RAINBOW

Choreography by Val Lober Music by The Ukulele Boys Peter Endo, Isabella Ha, Madelyn Margolis, Hayden Noh, Margaret Quaglia, Colbie Voss

GOOD TIME TAVERN

Choreography by Jenna Schoppe Music by Sammy Rae & The Friends Sean Fielding, Lily Musslewhite, Arianna Sheedy

WAKE ME UP

Choreography by Kae Orgel Music by Aloe Blacc Maya Amit, Tankhiluun Davaajargal, Abby Donnelly, Veronica Mandl, Simryn Srivastava

THE BALLET BALL

Choreography by Joni Goldstein
Music byShanghai Quartet, English
Chamber Orchestra, Eugenia
Zukerman, Scott Tennant &
Donald Fraser
Heather Grunwald, Reagan Larson,
Emma Martinez, Fiona McGinn, Nora Sedlak

WAKA WAKA

Choreography by Julia Rzonca Music by Shakira Ellie Mikhael, KK Taylor, Yael Toubes, Ennette Weinstein

LIGHT ME UP NSSOD Momentum Dance Company

Choreography by Shannon Mundorf-Music by Ingrid Michelson Addison Tefka, Paige Tefka, Arianna Sheedy



SWEET DISPOSITION

Choreography by Val Lober & dancers

Yael Toubes, Ennette Weinstein

THE END

NSSOD Momentum Dance Company

Choreography by Kae Orgel Music by November Ultra Abby O'Connor, Addison Tefka, Paige Tefka, Arianna Sheedy

TEMPORIMASTO

Choreography by Julia Rzonca Music by Andrea Rellini Julia Einum, Yael Toubes

SHAKE THE ROOM

Choreography by Julia Rzonca Music by Gamu Emma Fisk, Katelyn Larson, Adelle Weinstein

SUNNY

Choreography by Kae Orgel Music by Boney M. Maya Amit, Veronica Mandl, Adelaide Rogula, Simryn Srivastava

POINTE VARIATIONS

Choreography by Rachel Pike Music by Ludwig Minkus & Alexander Glazunov Yael Toubes, Ennette Weinstein

FEEL GOOD TAVERN

Choreography by Jenna Schoppe Music by Sammy Rae & The Friends Sean Fielding, Lily Musslewhite, Arianna Sheedy

SOMEONE TO YOU

Choreography by Julia Rzonca Music by The Piano Guys Emily Schwager, Cayla Silverman, Amelia Tan-Eusebio, Addison Tefka, Paige Tefka, Sasha Toubes, Cara Wetter, Sofia Wojtkowski

WAKA WAKA

Choreography by Julia Rzonca Music by Shakira Ellie Mikhael, KK Taylor, Yael Toubes, Ennette Weinstein

STRIKE IT UP

Choreography by Val Lober Music by Black Box Heather Grunwald, Olivia Hannibal, Avery Rudnicki, Aiden Pandey, Henry Quaglia

I COULD HAVE DANCED ALL NIGHT

Choreography by Kae Orgel
Music by BBC Concert Orchestra
Summer Ahmed, Avery Chow, Abigail Chung,
Sylvie Klos, Hannah Matlin, Emma Wojtowicz

POWER

Choreography by Perry Denton
Music by Nicki Minaj
Abby Donnelly, Timmy Hagen,
Veronica Mandl, Dalia Myszak, Piper Myszak,
Victoria Purtill, Cayla Silverman,
Amelia Tan-Eusebio, Addison Tefka,
Paige Tefka, Sasha Toubes

YOU DON'T OWN ME

Choreography by Val Lober Music by Whitney Rose Paige Anetsberger, Ella Bertler, Julia Einum, Ellie Mikhael, Lily Musslewhite, KK Taylor, Yael Toubes, Ennette Weinstein

IT DON'T MEAN A THING

Choreography by Caroline Walsh-Kuhl Music by Club des Belugas llene Auerbach, Becky Bartsch, Sarah Berzon, Liat Helin Lidsky Shakarov, Clark Mitchell, Connie Mitchell, Peggy Oddo, Lisa Rudman, Franie Walls, Rebecca Weller

TELL ME

Choreography by Brennen Renteria Music by Amerie Abby O'Connor, Arianna Sheedy, Caitlin Sheedy

HERE COMES THE SUN

Choreography by Julia Rzonca
Music by The Beatles
Cayla Silverman, Sasha Toubes,
Adelle Weinstein, Cara Wetter, Sofia Wojtkowski

DO WHAT YOU HAVE TO DO

Choreography by Val Lober
Music by Sarah McLachlan
Paige Anetsberger, Julia Einum, Ellie Mikhael,
Lily Musslewhite, KK Taylor, Yael Toubes,
Ennette Weinstein



SWEET DISPOSITION

Choreography by Val Lober & dancers

Yael Toubes, Ennette Weinstein

TAKE THAT CHANCE

Choreography by Val Lober
Music by Fearless Soul, Rachael Schroeder
Emily Schwager, Cayla Silverman, Amelia Tan-Eusebio,
Sasha Toubes, Adelle Weinstein, Cara Wetter,
Sofia Wojtkowski

THE SLEEPING BEAUTY

Choreography by Rachel Pike
Music by Pyotr Ilyich Tchaikovsky
Paige Anetsberger, Ellie Mikhael, Lily Musslewhite,
KK Taylor, Yael Toubes, Ennette Weinstein

FAME

Choreography by Leslie Brockley Music by Irene Cara Abigail Chung, Vera Gallardo, Celina Kravits, Emma Kuby, Eleanor Lin, Hannah Matlin, Fiona McGinn, Amelia Myszak, Gillian Roth, Nora Sedlak, Sadie Weissman

ITALIAN SYMPHONY

Choreography by Rachel Pike Music by Felix Mendelssohn Ella Bertler, Timmy Hagen, Abby O'Connor, Arianna Sheedy

RESPECT

Choreography by Julia Rzonca Music by Melanie Amaro Kate Quinlan, Cayla Silverman, Sasha Toubes, Sofia Wojtkowski

CAN YOU, CAN CAN?

Choreography by Joni Goldstein Music by Morton Stevens Ayza Ali, Maya Amit, Ari Block, Sophia Briskin, Abby Donnelly, Amelia Sollitto, Simryn Srivastava, Adelle Weinstein

FROLICKING FAIRIES

Choreography by Joni Goldstein Music by Moscow International Symphonic Orchestra Paige Fox, Sofia Martinez

EVERYTHING IS AWESOME!

Choreography by Val Lober Music by Garfunkel and Oates, Eban Schletter Abigail Chow, Joanna Chung, Maxwell Pandey, Tiffany Pasternak, Avery Sherman

THE CHAIN

NSSOD Momentum Dance Company

Choreography by Brennen Renteria Music by Evanescence Paige Anetsberger, Ella Bertler, Julia Einum, Ellie Mikhael, Lily Musslewhite, Arianna Sheedy, KK Taylor, Yael Toubes, Ennette Weinstein

BEYOND THE SEA

Choreography by Leslie Brockley Music by Bobby Darin Savannah Roth, Noa Straka

RETROGRADE

Choreography by Kae Orgel Music by James Blake Amanda Fielding, Abby Mitsevich, Abby O'Connor,Kate Quinlan, Addison Tefka, Paige Tefka

YOU'RE NOT SPECIAL, BABE

Choreography by Jenna Schoppe Music by Orla Gartland Maya Amit, Emma Berg

YOU DON'T OWN ME

Choreography by Val Lober Music by Whitney Rose Paige Anetsberger, Ella Bertler, Julia Einum, Ellie Mikhael, Lily Musslewhite, KK Taylor, Yael Toubes, Ennette Weinstein

MAMAI'M A BIG GIRL NOW

Choreography by Leslie Brockley Music by Nikki Blonski, Marissa Jaret Winokur, Ricki Lake and the Motion Picture Cast of Hairspray Sophia Briskin, Brooke Fox, Hailey Fox, Audrey Naylor, Cailey Tattersall

LOOK AT US DANCE

Choreography by Perry Denton
Music by T.Pain
Avery Chow, Abiya James, Nory Lin,
Marjorie Lin, Nico Punzeddu, Amelia Sollitto,
Kam Von Feldt, Vivian Von Feldt, Ryley Zhang

RAZZLE DAZZLE

Choreography by Val Lober

Music by Richard Gere

Heather Donnelly, Ilene Grossman,

Erika Hannibal, Peggy Oddo, Kim Sheedy

FIRE UNDER MY FEET Choreography by Val Lober

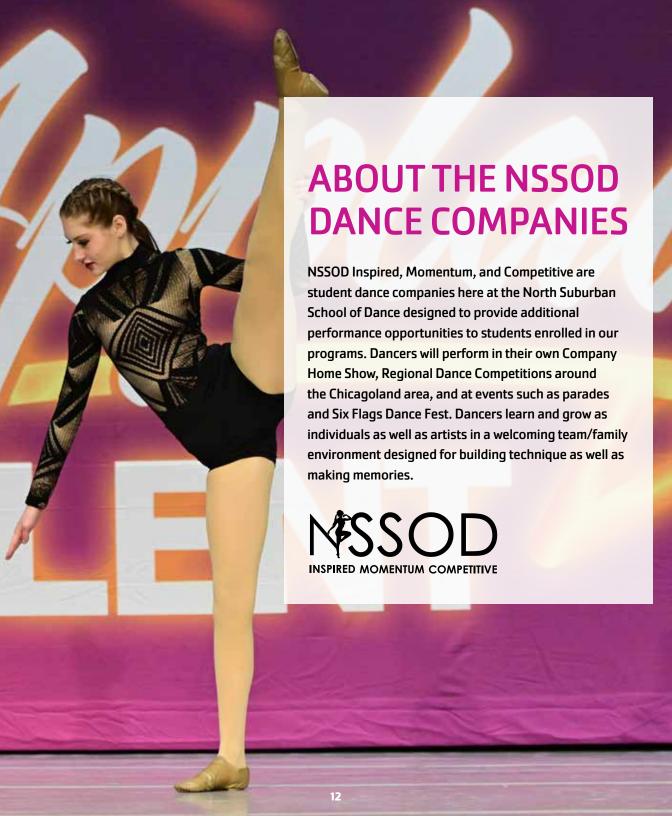
Cara Wetter, Sofia Wojtkowski

Music by Leona Lewis
Maya Amit, Paige Anetsberger, Sophia Briskin,
Abby Donnelly, Julia Einum, Reagan Larson,
Ellie Mikhael, Lily Musslewhite, Abby O'Connor,
Emily Schwager, Arianna Sheedy, Cayla Silverman,
Simryn Srivastava, Amelia Tan-Eusebio, KK Taylor,
Addison Tefka, Paige Tefka, Sasha Toubes,
Yael Toubes, Adelle Weinstein, Ennette Weinstein,



Choreography by Val Lober & dancers

Yael Toubes, Ennette Weinstein





MSSOD

INSPIRED MOMENTUM COMPETITIVE

DANCE COMPANY AUDITIONS

Our Dance Companies will be holding their annual auditions on **Saturday, September 6th.** Mark your calendars now! Dancers must be in 2nd grade or higher.

NSSOD INSPIRED

Grades 2-12 1:30-2:45pm

NSSOD MOMENTUM

Grades 7-12 2:45-4:00pm

NSSOD COMPETITIVE

Grades 8-12 4:00-5:30pm

FOR MORE INFO ON THE DANCE COMPANIES:





DANCE CAMPS



BEGINNING DANCE CAMP

Grades: 3-6. Days: M-F. Session length: 1 week.

This camp is a great introduction to the world of dance. No experience needed! Beginning Dance Camp will help teach and introduce technique while building confidence. Campers will learn classical styles such as ballet, jazz, modern, & MORE! For more information contact Val Lober at vlober@nsymca.org.

Proration does not apply. No swim lessons or field trips.

INTERMEDIATE DANCE CAMP

Grades: 4-8. Days: M-F. Session length: 2 weeks.

Intermediate Dance Camp is designed to give experienced dancers a chance to continue to build confidence and improve their technique. Campers will take class and learn choreography in classical styles such as ballet, jazz, modern, & MORE! Families will be invited to a showcase on the final day of the two-week camp session. Registration for both weeks is recommended. For more information contact Val Lober at vlober@nsymca.org. Director approval required. Proration does not apply. No swim lessons or field trips.

| CAMP NAME | Weeks Offered | Time | Ratio | \$YM | \$NM |
|----------------------------|------------------|----------------------|-------|-------|-------|
| Beginning Dance Camp PM | 8 | 1-4pm | 1:8 | \$272 | \$330 |
| Intermediate Dance Camp PM | 2-3 | 1- 4 piii | 1.0 | \$289 | \$346 |

DANCE CLASSES SUMMER SESSION

*Classes begin the week of 6/16

MINI MOVERS

MINI MOVERS BALLET

3-5 years

Dancers will work on large motor skills, basic ballet positions and steps, creative movement, and limited tumbling. Fun stretches, creative games, and a variety of props are used to enhance learning.

MINI MOVERS BALLET/TAP

4-6 years old

In this combination class, students work on basic ballet and tap steps. This class will teach the large motor skills, basic ballet positions and steps along with beginning tap technique. A great introduction and continuation to both disciplines.

| 202F CHMMED CECCION | | | Summer I (6/16-7/13) | | Summer II (7/14-8/10) | | |
|---------------------------|---------|-----|----------------------|-------|-----------------------|------|-------|
| 2025 SUMMER SESSION | | | | NOW | 5/21 | NOW | 5/21 |
| Class | Age | Day | Time | \$ YM | \$ NM | \$YM | \$ NM |
| Mini Movers Ballet | 3-5 yrs | Tu | 4:15-5:00pm | \$60 | \$79 | \$60 | \$79 |
| Mini Movers Ballet/Tap | 4-6 yrs | | 5:00-6:00pm | \$65 | \$83 | \$65 | \$83 |

NEW! DANCE COMPANY PREP

7-12 years old

Thinking about auditioning for our NSSOD IMC Dance Company this Fall? Already a member of our Inspired Company? This class is designed to give new company members a sense of Dance Company life, and for our current dancers in levels 1–3 an opportunity to keep up with their training over the summer. Featuring Ballet and Jazz techniques along with learning choreography, dancers will also work on their strength and flexibility in creative ways to keep them engaged!

INTERMEDIATE TECHNIQUE

12-16 years old

Designed for dancers to keep up with their training over the summer, this class will feature a different weekly technique class along with strength training and flexibility for dancers. Techniques include Ballet, Jazz, Modern, and PBT! This class is recommended for dancers in levels 2-4.

ADVANCED TECHNIQUE

15+ years old

Designed for dancers to keep up with their training over the summer, this class will feature a different weekly technique class along with strength training and flexibility for dancers. Techniques include Ballet, Jazz, Modern, and PBT. This class is recommended for dancers in levels 5+

| 2025 SUMMER SESSION | | | | Summer I (6/16-7/13) | | Summer II (7/14-8/10) | |
|---------------------------|-----------|-----|-------------|----------------------|-------|-----------------------|-------|
| | | | | NOW | 5/21 | NOW | 5/21 |
| Class | Age | Day | Time | \$ YM | \$ NM | \$YM | \$ NM |
| Dance Company Prep | 7-11 yrs | W | 4:15-5:15pm | \$65 | \$83 | \$65 | \$83 |
| Intermediate Technique | 12-16 yrs | Th | 4:15-5:30pm | #CO | #BO | #50 | #00 |
| Advanced Technique | 15-18 yrs | | 5:30-6:45pm | \$69 | \$89 | \$69 | \$89 |

STUDENT DIVISION

*Classes begin the week of 6/16

BEGINNING/INTERMEDIATE BALLET

12+ years old

Designed for pre-teen and teen dancers with little to no experience looking to gain knowledge and technique with others their age. This class will focus on Ballet fundamentals and teach foundational steps in a positive and nurturing environment with individualized attention for those new to dance or returning after some time away!

BEGINNING/INTERMEDIATE TAP

12+ years old

Designed for pre-teen and teen dancers with little to no experience looking to gain knowledge and technique with others their age. This class will focus on Tap fundamentals and teach foundational steps in an upbeat, positive environment with great music and individualized attention for those new to dance or returning after some time away!

| 2025 SUMMER SESSION | | | Summer I | (6/16-7/13) | Summer II (7/14-8/10) | | |
|---------------------|-----|-----|-------------|-------------|-----------------------|-------|-------|
| | | | NOW | 5/21 | NOW | 5/21 | |
| Class | Age | Day | Time | \$ YM | \$ NM | \$ YM | \$ NM |
| Beg/Int Ballet | 12+ | Th | 5:30-6:30pm | \$65 | \$83 | \$65 | \$83 |
| Beg/Int Tap | 12+ | W | 5:15-6:15pm | | | | |



18+ years old

Designed for adults with some previous ballet training. Barre combinations as well as center combinations focusing on stability and balance are the foundations of this class. Studying ballet can improve posture and the overall sense of well-being.





DANCE CLASSES FALL 2025

Placements for the 2025-26 season will be emailed to program participants end of June/early July in time for the release of our Fall guide.

MINI MOVERS

- DISCOVERY
- BALLET RHYTHMS
- BALLET BEATS
- BALLET DESIGNS
- BALLET AND TAP BEATS

STUDENT DIVISION

- BALLET
- BALLET: POINTE
- PBT AND STRETCH
- JAZZ
- TAP
- CONTEMPORARY/MODERN
- HIP HOP
- POMS
- MUSICAL THEATRE
- ACRO & TRICKS

ADULT DIVISION

- BALLET
- TAP
- HIP HOP
- PRIVATE LESSONS

PRIVATE LESSONS 6+ YEARS

Fall Guide will be released in late July.

20

SAVE THE DATE

Mini Movers Mini-Showcase 2025!

Sun, Dec. 7th
10:00 am
At the NSYMCA!

Finish Out the Fall 2025 session with a special Mini Showcase just for our Mini Movers Division! This exciting opportunity is a chance to get your Mini Mover to perform in their very first live dance performance! Find out what all the excitement about recital is and get to watch your little mover do what they do best!









Val Lober



Director of Performing Arts

Val Lober received her pre-professional training at Dance Arts Academy in Traverse City, MI. As a member of Company Dance Traverse, she attended the Young Tanzommer Dance Festival performing throughout Austria, Germany, and Italy. In 2010 she received her BFA in Dance Performance and Choreography from Western Michigan University where she was a member of the performance company Western Dance Project, showcased choreography and served on the board of the student-run organization Orchesis, performed several works by esteemed faculty, and trained with world-renowned quest artists. While in college, Val discovered her love for teaching and has been mentoring young dancers in Michigan and across the Chicago area ever since. In addition to being a gifted instructor and program director, Val continues to perform professionally in Chicago with Lucid Banter Project (Paula Grahmann), and THWACK Dance (Anne Marie Loesch) where she also serves on the Advisory Board. A free-lance artist on the side, she has also enjoyed exciting gigs such as performing "Heard" at the Navy Pier Art Expo wearing artist Nick Cave's iconic sound suits featuring choreography by Will Gill and an immersive performance partnered with Architect Jeanne Gang. When not in the studio, you can find her on the trails solo backpacking, or at home raising her purrfect fur children with her husband. Val is immensely grateful to have her "dream job" and looks forward to continuing to share her love of dance education with her incredible students. here at the North Suburban School of Dance.

Joni Goldstein



Joni is the Performing Arts Director Emeritus for the North Suburban School of Dance. She studied ballet with Bently Stone and Walter Camryn and at the Ruth Page Dance Center, jazz with Gus Girodano, and tap with Tommy Sutton. She has danced professionally since the age of eight. Joni has a BA from the University of Illinois with an emphasis in dance. She is a 25+ year member of the National Association of Dance Masters. Joni has choreographed and taught master classes for the GBN Orchesis program and choreographed for several organizations on the North Shore. In 2009, Joni was chosen as the spotlight teacher for a national dance magazine. She has been teaching at the NSYMCA since 1975.

Leslie Brockley



Leslie Brockley is a proud alumna of the North Suburban School of Dance. She graduated from Illinois Wesleyan University where she received a B.A. Degree in Psychology, but seemed to spend way more time in the dance studios and on stage, earning a minor in Theater Dance. She also holds a Master's Degree in Special Education and is currently working at a therapeutic high school. Occasionally you might catch Miss Leslie dancing with The Chicago Chorus Girl Project, performing in kicklines at various events and venues as part of The Galaxie, an entertainment group specializing in vintage performance. However, she still maintains that her favorite part of the week is sharing her love of dance with her young ballet, tap, and musical theater students.

Perry Denton



Perry Denton comes to us from Soul 2 Sole Dance, Inc. where he has been an instructor for over ten years. He has also been the assistant director, dancer, and choreographer for Gifted Souls Dance Group, one of the biggest salsa and hip-hop dance companies in Chicago, Texas, New York, Philadelphia, and Milwaukee. He was a principal dancer in the Bollywood movie Dhoom 3 and danced for many stars including Brooke Hogan and Ce Ce Pension, Black Eyed Peas, and Chicago's very own BenOne. Perry appeared three times on the Oprah Show and was in the Chicago Fire. He received his training from Colombia College in Chicago where he studied all forms of dance including ballet, jazz, and modern. Perry has taught throughout the Chicagoland area. He continues to teach more dance styles including poms, African and Latin dance. Perry is eager to pass along his gift and love of dance to all his students.

Kae Orgel



Kae Orgel is a performer, dance educator, and choreographer. They have over a decade of experience teaching in studios, arts education programs, and school settings. They are currently part of Noumenon Dance Ensemble, a contemporary dance company in Chicago. Kae received their Bachelor of the Arts in Interdisciplinary Studies with a concentration in Dance from Northeastern Illinois University. They have studied and worked with several Chicago-based companies and choreographers such as Joel Hall Dancers and Center, The Cambrians, Rasa Dance Chicago, Avondale Dance Collective, and Such Creatures. Some of their choreographic highlights include Hair (Moraine Valley Community College), Shakespeare in Love (Harper College), and Chicago (North Shore Country Day School).

Rachel Pike



Rachel Pike is from the Chicagoland area and began her training at the North Shore School of Dance in Highland Park, Illinois. She spent her early summers training at Interlochen Arts Camp, on scholarship at the Orlando Ballet School under the direction of Peter Stark and Fernando Bujones, and at the Washington School of Ballet in Washington, DC. Rachel graduated with a BFA in Dance Performance from Butler University where she performed soloist roles with the Butler Ballet. Rachel has also choreographed works for the Butler Ballet's touring troupe in Moscow and St Petersburg, where she was selected as a finalist choreographer in the St. Petersburg Conservatory State Competition. Upon graduation, Rachel studied on scholarship at the Lou Conte Dance Studio, and at the Batsheva Dance Company's GaGa Workshop in Tel Aviv in the summer of 2012 under the direction of Ohad Naharin. Her choreographic works as an independent artist were finalist selections for DanceWorks Chicago's Dance Chance Redux at Northeastern Illinois University in both 2012 and 2013.

Brennen Renteria



Brennen Renteria began his dance training at the age of 10 in Corona, CA. In 2011, he attended American Academy of Ballet summer intensive & trained with ballet masters David Howard, Sean Lavery, & Galina Samsova. He earned his B.A. in Dance from Cal State Fullerton in 2014 joined Thodos Dance Chicago that same year. While with TDC he worked with choreographers Ann Reiking, Brian Enos, Lucas Crandall, Garfield Lemonius, Brian McGinnis, Kevin lega Jeff, among others. He also toured around the country and took part in the company's outreach and educational programs between performances. He joined both Elements Contemporary Ballet and Cerqua Rivera Dance Theatre in 2017 where he had the opportunity to work with former co-artistic director for River North Dance Chicago, Sherry Zunker, in addition to performing alongside the renowned Chicago Sinfonietta. For 2018 Brennen accepted the rehearsal director position for CRDT and continues to be an avid dancer, teacher, and choreographer throughout the city of Chicago and the surrounding areas.

Julia Rzonca



Julia Rzonca is a dancer, teaching artist, and choreographer from the Chicago area. She received her Bachelor of Arts in Dance from Western Michigan University in May 2021. During her time spent at Western Michigan, she had the opportunity to learn from mentors such as Jeremy Blair, David Curwen, and Monique Haley.

Growing up, Julia studied at The School of Ballet 5:8 Conservatory program under the guidance of Julianna Slager, using the Vaganova method. Following her ballet studies, she continued her dance education at Western Michigan University in a Trifold program studying ballet, jazz, and modern. Later into her college training, she began teaching at a local dance studio in the Kalamazoo area where she found her passion for teaching dance and choreography to young dancers.

After graduating college in 2021, Julia is currently a Teaching Artist at Hubbard Street Dance Chicago, South Chicago Dance Theater, and at studios around the Chicago area. She has also danced professionally with Banks Performance Project and J. Lindsay Brown Dance. Overall, Julia loves training students and looks forward to impacting more dancers in the future.

Jenna Shoppe



Jenna Schoppe is a Chicago-based choreographer and performer. Raised in the western suburbs, she started dancing at 3, at the Bonnie Ardelean Dance Studio. Her passion for dance quickly blossomed into a love of musical theatre; she earned a BFA in musical theatre performance from Drake University. Now, calling Chicago home, Jenna is a staple of its theater community. She has choreographed over fifteen musicals over the past decade. Most notably, "Yank: a WW2 Love Story," for which she received the Jeff Award for Best Choreography. As a teacher, Jenna strives to impart joy, and a sense of inclusion in her classes. Mastering technique is of course important, but she also makes sure to remind students of their agency, to move beyond simply memorizing steps to internalizing the dance and making it their own. So join her in class, you are guaranteed to have a blast, build confidence, and perhaps roll your eyes at her corny jokes.

Caroline Walsh-Kuhl



Since graduating with honors from I.S.U., Caroline has been having a lot of fun teaching, choreographing, and performing. Some experiences include Zebra Crossing Theater Company, Temporary Theater Company, Pheasant Run Dinner Theater, The Funny Firm, Light Opera Works, Zephyr Dance, Ameba Dance, Motivity Dance, Chi-Town Jazz Dance scholarship program, several Las Vegas shows, and a tour of Japan. A long-time teacher on the north shore, Caroline keeps busy taking yoga, dance class and spending time with family.

TIPSY ADULT DANCE WORKSHOP



Get ready to loosen and limber up!

Designed for dancers with some ballet experience, this workshop allows adults to come together for the love of dance, exercise, and social gain. For those who continue to train or are looking to get back into ballet after some time away!

Bring a beverage, wear some comfy athletic clothes and either socks or ballet shoes to enjoy a once a month workshop based in ballet technique! BYOB and enjoy!





Two Summer Dates!

6:00-7:00pm Mon 6/23 Mon 7/21

Member: \$25

Non-Member: \$30

Scan for more info:









Financial assistance scholarships are available to those in need, stop at the quest services desk for more information!

REASONS TO BECOME A NSYMCA MEMBER!

FREE

- Unlimited group exercise classes including yoga, Pilates, TRX, cycle, and Les Mills programming
- · Fitness assessment and consultation
- · Special events for the whole family
- · Family swimming and lap swimming
- · Monthly life enrichment seminars
- Open gym, volleyball, basketball, and pickleball
- Indoor & Outdoor Group Exercise Classes

DISCOUNTS

- Camp
- · Personal training
- · Small group training
- Swim lessons
- Sports and gymnastics
- · Performing and visual arts classes
- Educational enrichment classes
- Monthly workshops

FACILITY FEATURES

- Two floors of the latest in cardio, strength, free weights and circuit training equipment
- Modern strength training center and track for all levels of users
- Six-lane pool, sauna, steam room, and whirlpool
- Full-sized gymnasium
- Three racquetball courts with free play
- Locker rooms & all-gender locker room
- Massage by Ruby Therapeutic Massages

Sign up today!

For more info visit: nsymca.org



CELEBRATE YOUR NEXT OUTDOOR OR VIRTUAL EVENT AT THE NORTH SUBURBAN YMCA!

THE NSYMCA OFFERS RENTAL EQUIPMENT AND ONSITE SET-UP TO ACCOMMODATE YOUR NEXT OUTDOOR OR VIRTUAL EVENT.



CREATE YOUR OWN
THEMED PARTY
VIRTUAL PARTIES
TENT RENTALS

For more information contact
Joanna Szewczuk at rentals@nsymca.org





YOU MAKEA DIFFERENCE!

Consider donating to our community today!

nsymca.org/give

JOIN US FOR UPCOMING EVENTS

SAVE THE DATE!

Community Strong Golf Fundraiser July 17th Seniorpalooza Sept. 17th Trunk or Treat Oct. 19th For More NSYMCA Events Visit:





REGISTER FOR YMCA PROGRAMS!

Keep you and your child busy with summer and fall programming at the Y!

Sign up at nsymca.org





