

Additional questions?  
Email: [vlober@nsymca.org](mailto:vlober@nsymca.org)



**North Suburban**  
School of Dance  
North Suburban YMCA

# Recital 2024

## Handbook

## General Information

### Location for Dress Rehearsal and Recital June 6-8

McGrath Family Performing Arts Center

Loyola Academy

1100 Laramie Ave, Wilmette, IL 60091

- **Mandatory Dress Rehearsal and Recital dates and times are listed on the schedule pages. Please locate each individual class your dancer attends for information.**
- **Due to the intricacies of coordinating two Dress Rehearsal dates and 3 Recitals for the amount of students/classes and staff involved, the schedules in this book are final and cannot be adjusted further.**
- **Dancers in multiple dances may have different Dress Rehearsal dates and Recital times. Many embrace the long weekend as a celebration for their hard work all year long leading up to these few days.**
- **The NSSOD Dance Recital is a general admission performance with seating as first-come-first-served. Doors will open 30 minutes prior to the beginning of the show. Saving seats is not allowed.**
- **Any guests needing special accommodations for seating should email [performingarts@nsymca.org](mailto:performingarts@nsymca.org) no later than June 1st to reserve their seating.**

## Parent Volunteers

- **We are requesting the help of parent volunteers to assist backstage with our dancers.**
- **If you are interested in volunteering, please scan the QR code to submit online**



## Mandatory Dress Rehearsal

- **Students MUST attend dress rehearsal in order to perform in the recital. Students who are not at dress rehearsal will not be permitted to dance at recital. We understand there may be optional events/opportunities that conflict with our recital/rehearsal dates and trust our dancers will honor their commitment to their required rehearsal and recital times, fellow dancers, and choreographers. Please understand we need to focus on serving the entirety of our student base, from preschool through high school as well as our staff and venue needs.**
- **Please locate your class on the schedule pages for your Call Time. This Call Time is when dancers should be at the theatre ready to go for their dance, in costume, with full hair and make-up complete.**
- **Dancers will find and sit with their class in the auditorium until their teacher or another staff member calls them back stage. Plan on spending 45-60 minutes at the theatre for each dance.**
- **This time includes professional photos for groups and individuals as well as time spent on stage rehearsing. You are not obligated to purchase these photos, but all dancers will participate in the group photo. Forms will be sent home prior to Dress Rehearsal and will also be available at the venue with representatives to help with purchasing should you choose. As a reminder, parents are not allowed into the photo room during pictures.**
- **Dancers in multiple dances may have a stage time that runs up to their next scheduled photo time. For these dances, photos will begin with individual poses and end with group poses so dancers may change, drink some water, and apply any quick touch ups to hair or make-up.**
- **You may take video and non-flash photography during this time. Please remember that it is a rehearsal. Choreographers may be working with the dancers while they are on stage and will need a pathway in front of the stage. We will have a videographer filming the shows with a digital download for all dancers.**

## Recital Day Information

**Check In: Table located in the lobby**

**Saturday, June 8th 2024**

- **Arrive in costume with hair and make-up complete**
- **Younger dancers, use the restroom and change into dance shoes before checking in!**
- **Please do not arrive to the check-in table before your designated time**
- **Dancers will check in and be taken to their designated dressing room by our staff. Please do not plan to accompany your dancer to the dressing room.**
- **Auditorium doors will open 30 min prior to show time**

### Pink Check In

- **9:00am- Ages 6+ (Levels 1-6/Adv)**  
Levels 3+ Warm Up on stage 9:15am
- **9:15am- Ages 3-5**
- **10:00am- Show**

### Blue Check In

- **12:00pm- Ages 6+ (Levels 1-6/Adv)**  
Levels 3+ Warm Up on stage 12:15pm
- **12:15pm- Ages 3-5**
- **1:00pm- Show**

### Green Check In

- **3:00pm- Ages 6+ (Levels 1-6/Adv)**  
Levels 3+ Warm Up on stage 3:15pm
- **3:15pm- Ages 3-5**
- **4:00pm- Show**

## Backstage

- **All dancers will stay backstage for the duration of the show. Dancers will be able to watch a livestream of the performance.**
- **Parents are not permitted backstage. If there is an issue or emergency, NSYMCA Staff will come and get you.**

## Costumes

- **Dancers will begin trying on their costumes in class during the month of April. Costumes are constantly on their way in and one class may try their costumes on before another class' arrives.**
- **Costumes will be sent home closer to the recital in May along with a tights/hair/shoes checklist. This information will also be posted in our display case outside studio ABC across from the dance office.**
- **Label EVERYTHING!**

## Costume Changes

- **If your dancer is in ONE dance: Please have your dancer arrive in full costume with makeup, tights, shoes and accessories on to both Dress Rehearsal and the Recital.**
- **If your dancer is in TWO or more dances: Please have your dancer arrive in their FIRST dance costume with makeup, tights, shoes and accessories on to both Dress Rehearsal and the Recital. Please LABEL their second costume, shoes and accessories with their name and turn it in at check in. After their first dance – dancers will change in a dressing room backstage and wait for their next dance.**

## Hair and Make-Up

- **Due to the nature of stage performance, dancers of all ages are required to wear make-up so that their facial features are visible and not washed out by the harsh lighting.**
- **Information regarding hair/make-up/tights/shoes will be sent home with your costume as well as posted on the costume board outside studio ABC.**
- **Dancers age 3-6 should follow the "Light Stage Make-Up" guide**
- **Dancers 7+ should follow the "Full Stage Make-Up" guide**
- **Dance tights (no nylons please!) and shoes are NOT provided. Recommended brands: Capezio, Bloch, Balera, Body Wrappers**

## Dress Rehearsal and Recital Dates/Times

- Please locate your class(es) below with the correct date/time/instructor.
- Dancers **MUST** attend their scheduled Dress Rehearsal in order to attend their Recital.
- Arrive on time for Dress Rehearsal Call Time and Recital Check In, we will not be able to accommodate late dancers.
- Full hair and make-up must be complete upon arrival for both Dress Rehearsal and Recital.
- Make sure to pack all costumes/accessories/shoes ahead of time.

### Dress Rehearsal Thursday, June 6

Class	Instructor	Call Time Thurs. 6/6	Check In Sat. 6/8	Recital 6/8
Ballet Rhythms (Wed. 4:30)	Leslie	3:50	9:15	10am
Ballet Rhythms (Sat. 10:30)	Leslie	4:00	3:15	4pm
Ballet/Tap Beats/Designs (Sat. 11:15)	Leslie	4:10	12:15	1pm
Ballet/Tap Beats (Thurs. 4:15)	Val	4:20	12:15	1pm
Ballet 1 (Wed. 4:15)	Val	4:30	9:00	10am
Musical Theatre (Wed. 5:15)	Leslie	4:40	12:00	1pm
Ballet 1 (Sat. 12:15)	Leslie	4:50	9:00	10am
Tap 2 (Thurs. 4:30)	Caroline	5:00	3:00	4pm
Poms 2 (Thurs.6:15)	Julia	5:10	12:00	1pm
Tap 1 (Thurs. 5:15)	Caroline	5:20	9:00	10am
<b>DINNER BREAK 6:00-6:30pm</b>				
Dance Co (Sat. 2-5)	Val	6:20	9, 12, 3	ALL
Poms 1 (Thurs. 4:30)	Kathleen	6:40	3:00	4pm
Ballet 4 (Sat. 12:15)	Rachel	6:50	12:00	1pm
Ballet 5/6 (Sat. 10:15)	Rachel	7:00	12, 3	1p   4p
Tap 3/4 (Thurs.5:15)	Kathleen	7:10	3:00	4pm
Cont. Mod. 1 (Thurs. 5:15)	Val	7:20	12:00	1pm
Tap 5/6 (Thurs.6:15)	Kathleen	7:30	12, 3	1p   4p
Adult Tap (Thurs. 7:15)	Kathleen	7:40	9:00	10am
Poms 3 (Thurs. 5:15)	Julia	7:50	9:00	10am
Poms 4 (Thurs. 7:15)	Julia	8:00	9, 12	10a   1p
Seniors		8:10	9, 12, 3	ALL

## Picking Up Your Dancer

- All dancers will participate in the Finale dance.
- Preschool–Level 1 classes will remain on stage for pick up. Please send **ONE** parent to the stairs on the side of the stage to pick up your child. Classes will be dismissed one at a time.
- Level 2 and above will be picked up backstage. Please send **ONE** parent to the pick-up table to get them. If you would like to greet your dancer with flowers or gifts, please do so in the theatre lobby as there is limited room backstage.
- Please note: Balloons are not allowed at this venue

### Dress Rehearsal Friday, June 7

Class	Instructor	Call Time Fri. 6/7	Check In Sat. 6/8	Recital 6/8
Ballet Designs (Tues. 5:15)	Val	3:50	9:15	10am
Ballet/Tap Designs (Wed. 5:15)	Val	4:00	3:15	4pm
Ballet 2 ages 6-9 (Tues. 4:15)	Joni	4:10	3:15	4pm
Ballet 2 ages 10 (Tues. 5:15)	Joni	4:20	12:00	1pm
Ballet 2 ages 10 (Wed. 7:15)	Val	4:30	3:00	4pm
Ballet 3/4 (Wed. 4:15)	Julia	4:40	3:00	4pm
Ballet 5/6 (Wed. 6:30)	Julia	4:50	12:00	1pm
Ballet 5 (Tues. 4:45pm)	Brennen	5:00	3:00	4pm
Jazz 1 (Wed. 5:00)	Kae	5:10	9:00	10am
Cont. Mod. 3 (Wed. 6:00)	Kae	5:20	9:00	10am
<b>DINNER BREAK 6:00-6:30pm</b>				
Hip Hop Mini (Mon. 6:00)	Cyx	6:20	12:00	1pm
Hip Hop Pre Teen (Mon. 6:45)	Cyx	6:30	3:00	4pm
Hip Hop Teen (Mon.7:30)	Cyx	6:40	9:00	10am
Cont. Mod. 4 (Tues. 6:00)	Brennen	6:50	9, 3	10a   4p
Jazz 2 (Wed. 6:15)	Val	7:00	3:00	4pm
Jazz 3 (Tues. 6:15)	Val	7:10	12:00	1pm
Jazz 4 (Mon. 5:15)	Brennen	7:20	3:00	4pm
Jazz 5 (Mon. 6:15)	Brennen	7:30	9:00	10am
Jazz 6 (Tues.7:15)	Val	7:40	12, 3	1p   4p
Cont. Mod. 2 (Wed.5:30)	Julia	7:50	12:00	1pm