



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

NORTH SUBURBAN YMCA
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FOR IMMEDIATE RELEASE

NSYMCA Community Art Gallery features Artist Shirley Aberg in February

All work is for sale and portion of the proceeds benefit the NSYMCA Visual Arts Department

Northbrook, IL: February 2024 – North Suburban YMCA’s Community Gallery is showcasing local artist Shirley Aberg throughout the month of February. All of the work featured will be for sale with a portion of the proceeds benefitting the Visual Arts department of the NSYMCA.

Shirley Aberg, a former teacher and counselor, has since studied and participated in art workshops and shows work throughout Illinois and California. Aberg has sold pieces and won awards for her art in Illinois, California, New York and England. Aberg started her painting career using watercolor, pastels, oils and multimedia. Presently Aberg’s artwork is mainly in acrylics.

“I am stimulated by nature: shapes, patterns, color and mood,” says Aberg. “And I love painting sunrises and sunsets, nature centers, and the change of season,” Aberg continues.

A reception is being held for the Aberg exhibit on February 4 from 2:00 to 4:00 pm at the NSYMCA located at 2705 Techny Road in Northbrook.

The NSYMCA’s Community Gallery celebrates the diversely talented artists living and working in Chicago’s northern suburbs with monthly exhibits that are free and open to the public.

For more information about visual arts and the gallery at the North Suburban YMCA, contact Cathie Winnie at cwinnie@nsymca.org or 847-272-7250. For more information about their February artist, Shirley Aberg you may contact her at perfecplay@yahoo.com

About the North Suburban YMCA

The North Suburban YMCA services Northbrook and 14 surrounding communities with programs and tools that help its residents become healthier, more connected, and confident, ensuring that everyone, regardless of age, income, or background, has the opportunity to learn, grow, and thrive. The NSYMCA focuses on Youth Development, Healthy Living, and Social Responsibility and is a charitable organization, inclusive and welcoming to all in our community. Learn more at NSYMCA.org.



North Suburban YMCA's Community Gallery is showcasing photography by Shirley Aberg. This piece is titled "Landscape".



North Suburban YMCA's Community Gallery is showcasing photography by Shirley Aberg, this piece is titled "People Painting".



North Suburban YMCA's Community Gallery is showcasing photography by Shirley Aberg, this piece is titled "Girl".