

NORTH SUBURBAN YMCA 2705 Techny Road Northbrook, IL 60062 www.nsymca.org

For More Information Contact:

Nancy Gerstein
Nancy@cmacreative.com
847.401.0384

FOR IMMEDIATE RELEASE

Special Events Commemorate Black History Month at the North Suburban YMCA

Northbrook, IL: February 2022 – In honor of Black History Month, the North Suburban YMCA will present "African Americans and the YMCA," a virtual event on Thursday February 17 at 7pm. The presentation, sponsored by the Diversity, Equity & Inclusion committee (DEI), a collective of NSYMCA staff and board members, and the YMCA Education Series (Y.E.S), will showcase African American contributions throughout the history of the YMCA. The program is free and open to the public.

"African Americans and the YMCA" will focus on how during its inception, the YMCA struggled with racial segregation, and how African Americans helped move the YMCA to be more inclusive. The event will showcase African American contributions through the history of the YMCA. Participants may register for the event here.

In addition, as part of February's Black History Month celebration, photographer Bill Sanders will return to the North Suburban YMCA's Community Gallery with a new exhibit. Sanders was part of the first Black History Month celebration exhibit in the Community Gallery in 2014. "I have an eclectic body of work portraiture and composites. Being a Black person has help shaped my work but has not totally defined me," explained Sanders. As part of the show, Sanders will be offering a personal studio or home photo session with a portion of the proceeds benefitting the Y.

For more information about the North Suburban YMCA and its ongoing programs and services, visit nsymca.org, call 847-272-7250, or stop by 2705 Techny Road, Northbrook.

About the North Suburban YMCA

The North Suburban YMCA services Northbrook and 14 surrounding communities with programs and tools that help its residents become healthier, more connected, and confident, ensuring that everyone, regardless of age, income, or background, has the opportunity to learn, grow, and thrive. The NSYMCA focuses on Youth Development, Healthy Living, and Social Responsibility and is a charitable organization, inclusive and welcoming to all in our community. Learn more at NSYMCA.org.



Caption: The NSYMCA celebrates Black History Month with a free virtual presentation, "African Americans and the YMCA" on February 17, and photographer Bill Sanders returns to the Y's Community Gallery with a new exhibit throughout February.