



NORTH SUBURBAN

2705 Techny Road
Northbrook, IL 60062
www.nsymca.org

For More Information Contact:

Kim Nyren

knyren@nsymca.org

847-272-7250

FOR IMMEDIATE RELEASE

NSYMCA Gymnastics Team Qualifies for State

10 State Gymnasts and 3 Regional Gymnasts

Northbrook, IL; June 2023: The North Suburban YMCA's Gymnastics Team closed out its 2023 season at the Illinois XCEL State Championship meet in Rockford, Illinois. Sixteen out of the 17 gymnasts on the team qualified to compete in the State meet, and 2 of them qualified for the XCEL Regional meet.

The team shined bright by winning numerous medals, and gymnasts Emilia Marvel and Amanda Fielding qualified for the Region 5 Championship. In addition, Avery Radin placed 4th overall on bars, Amanda Fielding placed 7th on vault, floor & all around, as well as, 9th on bars. Additionally, Emma Kharab placed 7th on floor and was the 2022-23 Excel Bronze Sr A Beam State Champion.

Throughout the 2022-23 season, the gymnasts placed in many competitions. The Silver Team took home a 3rd place trophy and the Bronze Team also placed 3rd at their first meet of the season.

The NSYMCA gymnastics team brought home two event championship medals, as well as, one all-around age group championships. The team had 126 top 10 placements at competitions resulting in 60 medals, 12 fifth place medals, 3 third place medals and 6 second place medals.

"It was amazing to have so many girls qualify for state and all the gymnasts put their hearts into this year's competition, giving us a good showing from all those who competed at state," noted Jordan Levy, NSYMCA Head Gymnastics Coach. "Even with over 70% of the team being first year competitors, the team absolutely crushed it this year," continues Levy. "The girls more than just represented the Y this year, but they put the Y on the map and we're looking forward to proving exactly what we're capable of next season!"

The North Suburban YMCA offers gymnastics for preschool, recreational, and competitive gymnastics instruction with the opportunity to participate in statewide competitions as part of the NSYMCA team. Through positive learning-based curriculum and coaching practices, the NSYMCA Competitive Gymnastics Program creates an experience and opportunity for gymnasts to grow and succeed in and out of the gym. For more information, contact Jordan Levy at jlevy@nsymca.org or visit www.nsymca.org.

About the [North Suburban YMCA](http://www.nsymca.org)

The North Suburban YMCA services Northbrook and 15 surrounding communities with programs and tools that help its residents become healthier, more connected, and confident, ensuring that everyone, regardless of age, income, or background, has the opportunity to learn, grow, and thrive. The NSYMCA focuses on Youth Development, Healthy Living, and Social Responsibility and is a charitable organization, inclusive and welcoming to all in our community. Learn more at [NSYMCA.org](http://www.nsymca.org).



Caption: (from left to right) Amanda Fielding, Madelyn Elbaum and Victoria Arzumanov post awards at Leenda's Island Adventure meet representing the NSYMCA Gymnastics Team.



Caption: (from left to right) Caitlin Sheedy and Kate Quinlan at Leenda's Island Adventure meet.



Caption: (from left to right) Shayna Gross, Avery Radin, Marin Bougdanos, Emilia Marvel, Juliet O'Brien, Caroline Jaffe, Elayna Finder, Orly Osher and Emma Kharab at the Perfect 10 gymnastics meet representing the NSYMCA Gymnastics Team.



Caption: Emma Kharab from Northbrook (center right), winning co-beam state championship for the NSYMCA.