



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

**NORTH SUBURBAN
YMCA**

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FOR IMMEDIATE RELEASE

NSYMCA Holds Annual Meeting; Appoints New Board Members

Northbrook, IL: November 2022 – Recognizing a year of rebuilding while meeting the developing needs of a community reemerging from a pandemic, the North Suburban YMCA held its Annual Meeting on Wednesday, October 19. The meeting included a year in review, the reappointment of current Board members, and appointment of new Board members.

The 2022- 2023 NSYMCA Board of Directors includes Board Chair, Jim Tuchler; Vice Chair, Ron Bernardi; Vice Chair, Sal Manso; Treasurer, Anne O’Connor; Secretary, Steven Elisco; At Large, Larry Koehler; At Large, Michael Redstone; and Immediate Past Chair, Cathy Gregory. Other Board Members include Meredith Ade, Johanna Benavides, Andrew Dempsey, Hussein Din, Todd Heller, Nathan Margol, Kamal Natarajan, Jerry Nolan, Bill Schloss, Alison Whitlock, and Chinmaya Yerramilli.

Also at the meeting, staff longevity was acknowledged honoring Barb Savino and Missy Contri for 15 years of service and Megan Vazquez for 10 years. Lindsay Brown, Ellen Mirochnick, Brennen Renteria, Sheldon Rosenberg, Min Jae Shin, and Joanna Szewczuk all received pins for 5 years of service.

“I’m honored to work alongside Kathy Fielding and her great staff as we build towards our vision for 2023,” said Jim Tuchler, NSYMCA Board Chair. “Our Y has so much to offer everyone in our community and it remains the best value in the area. This coming year, we’re embarking on a strategic plan that aims to continue to keep our YMCA relevant and central to the 15 communities we serve.”

“We are so humbled by the support that our membership, donors and the community have given us,” commented Kathy Fielding, CEO of the North Suburban YMCA. “I’m proud to work

with an amazing staff and volunteers through our Board of Directors who are constantly striving to make the Y and its community the best it can be.”

For more information about the North Suburban YMCA, visit nsymca.org, call 847-272-7250, or stop in for a tour at 2705 Techny Road, Northbrook, IL

About the North Suburban YMCA

The North Suburban YMCA services Northbrook and 14 surrounding communities with programs and tools that help its residents become healthier, more connected, and confident, ensuring that everyone, regardless of age, income, or background, has the opportunity to learn, grow, and thrive. The NSYMCA focuses on Youth Development, Healthy Living, and Social Responsibility and is a 501(c)3 charitable organization, inclusive and welcoming to all in our community. Learn more at NSYMCA.org.



Caption: The North Suburban YMCA held its annual meeting on October 19, 2022. Attendees included (back row from left): Michael Redstone, Frank Karkasis, Cathy Gregory, Karen Brownlee, Debbie Madeley, Bill Schloss, Ricky Gonzalez, Heidi Busch, Jerry Nolan, Mark Fitzgerald, Ron Bernardi, Sal Manso, Steven Elisco, Larry Koehler, Todd Heller, Andrew Dempsey, Michelle Krause, Jim Tuchler (NSYMCA Board Chair), Barb Savino, Nathan Morgol, and Howard Schultz. Front row from left: Megan Vazquez, Ellen Mirochnick, Kathy Fielding (NSYMCA CEO), Anne O'Connor, Kim Nyren, and Missy Contri.

