



FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

**NORTH SUBURBAN  
YMCA**  
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**Northbrook, IL 60062**  
**[www.nsymca.org](http://www.nsymca.org)**

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FOR IMMEDIATE RELEASE

### **Photographer Brian Kabat Exhibits Work at NSYMCA Community Gallery**

**Northbrook, IL: August 2022** – The North Suburban YMCA Community Gallery will be showcasing local photographer Brian Kabat’s work through August. All photographs are for sale with a portion of the proceeds benefitting the Y’s Visual Arts Program.

A lifelong performing musician and school music teacher since 1988, Kabat’s love for photography stems from his love for the arts. “I first started to take photographs in the early 2000s when I began taking frequent walks outdoors. I found nature to be peaceful and inspiring. Before long, I started bringing a camera with me to try to capture my experiences in order to remember them, as well as to share them with others,” noted Kabat. “I believe that a good photograph, whatever the subject may be, helps to capture the mood of a place or event so that others can experience that emotional connection, just like a good piece of music.”

The NSYMCA’s Community Gallery celebrates the diversely talented artists living and working in Chicago’s northern suburbs with monthly exhibits that are free and open to the public. For more information about art classes at the North Suburban YMCA, contact Cathie Winnie at [cwinnie@nsymca.org](mailto:cwinnie@nsymca.org) or 847-272-7250.

#### **About the North Suburban YMCA**

The North Suburban YMCA services Northbrook and 14 surrounding communities with programs and tools that help its residents become healthier, more connected, and confident, ensuring that everyone, regardless of age, income, or background, has the opportunity to learn, grow, and thrive. The NSYMCA focuses on Youth Development, Healthy Living, and Social Responsibility and is a charitable organization, inclusive and welcoming to all in our community. Learn more at [NSYMCA.org](http://NSYMCA.org).



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**CAPTION:** North Suburban YMCA's Community Gallery is showcasing Brian Kabat's photography through August.