



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

**EDUCATE
ADVOCATE
SAVE LIVES**



Red Cross Lifeguard Courses

Lifeguard Blended Learning Class

Learn the skills and knowledge required to become an American Red Cross lifeguard, including how to recognize, prevent and respond quickly to aquatic emergencies. Learn CPR for the Professional Rescuer, AED, and First Aid. This course incorporates in-person, in-water, and online components.

Cost: \$200 for NSYMCA Member/ \$250 for NM

Lifeguard Class 5	Saturday	4/30	9am - 7pm
	Sunday	5/1	9am - 7pm
Lifeguard Class 6	Friday	5/13	6pm - 9pm
	Saturday	5/14	11am - 7pm
	Sunday	5/15	9am - 5pm
Lifeguard Class 7	Saturday	5/28	9am - 7pm
	Sunday	5/29	9am - 7pm



Classes are limited at this time due to COVID-19 restrictions. Participants will receive certification after attending all class sessions, passing all written exams and water skills. Payment of class fees does not guarantee certification.

Questions—Contact Missy Contri at mcontri@nsymca.org

NORTH SUBURBAN YMCA
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