



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

**NORTH SUBURBAN
YMCA**

2705 Techny Road
Northbrook, IL 60062
www.nsymca.org

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FOR IMMEDIATE RELEASE

North Suburban YMCA Adds Drop Off Collection for Food Pantry
Collection Bin Available Outside Y Entrance

Northbrook, IL; June, 2020 – [North Suburban YMCA](#), in partnership with the [Northfield Township Food Pantry](#) and Hunger Free Northbrook, a program of [Hunger Resource Network](#), is helping to put food on the table for local families in need. Donations of new packaged foods and cleaning items are being collected in a large yellow bin outside the Y's entrance at 2705 Techny Road in Northbrook.

"There are hundreds of families who are food insecure and need our help more than ever. Our partnership with these organizations will hopefully bring more and more food to families in need, especially during these uncertain times," commented Kim Nyren, North Suburban YMCA's Director of Community Investments. "We also encourage families who are struggling to contact one of these organizations, because there are many ways we can help even beyond food donations."

All food donations will be accepted, however the schedule for suggested donations is as follows:

June 1 – June 8: Family Spaghetti Night Week – (1) 48 oz. of diced or crushed tomatoes OR (1) 48 oz. plastic bottle of pasta sauce and (1) 16 oz. box of pasta

June 8-21: Rice and Bean Week – (1) 28 or 48 oz. box of ready to make white rice and (2) 15 oz. cans of red kidney beans

June 22 – July 5: Soup to Nuts Week – (4) 19 oz. cans of ready-made soup (no chicken noodle) and (2) plastic jars or (2) canned nuts

July 6-19: Family Picnic Week - (1) 38 oz. plastic bottle of ketchup, (1) 20 oz. bottle of mustard, and (1) 30 oz. plastic jar of mayo (other condiments welcome too)

July 20 – August 2: Fruit Salad Week - (5) 15 oz. cans of fruit variety, (3) 23.5 oz. jars of fruit variety

August 3 – August 16: Clean Up Week - (1) 46 fl. oz. of detergent, (1) 28 oz. jug of dishwashing liquid or (1) box of dishwashing detergent pods, and (1) 100 sheet box of dryer sheets

August 17-30: Back to School Week - (1) 48 oz. plastic jar of peanut butter, (1) 32 oz. jar of jelly or jam, and (2) loaves of bread (packaged)

The Y asks that all food donations come in a secure bag (double bagged if possible). For a full 2020 calendar of donation suggestions please visit the “Food for Neighbors” link at www.nsymca.org. For questions or more information please contact Kim Nyren at knyren@nsymca.org.

About the North Suburban YMCA

The North Suburban YMCA services Northbrook and 14 surrounding communities with programs and tools that help its residents become healthier, more connected, and confident, ensuring that everyone, regardless of age, income, or background, has the opportunity to learn, grow, and thrive. The NSYMCA focuses on Youth Development, Healthy Living, and Social Responsibility and is a charitable organization, inclusive and welcoming to all in our community. Learn more at NSYMCA.org.



Caption: North Suburban YMCA has added a yellow drop off bin outside its front entrance to collect food for those in the community in need.