

North Suburban YMCA

*** As of 6/16/2010

Summer Gym Schedule: Monday, June 14th, through Sunday August 15th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00							
5:15							
5:30	Open Gym 5:00-6:30	Open Gym 5:00-6:30	Open Gym 5:00-6:30	Open Gym 5:00-6:30	Open Gym 5:00-6:30	Closed	
5:45							
6:00							
6:15							
6:30							
6:45							
7:00		Adult B-Ball 6:30-8:30		Adult B-Ball 6:30-8:30		Adult B-Ball 6:00-8:45	
7:15							
7:30	Camp 7:30-9:00		Camp 7:30-9:00		Camp 7:30-12:00		Closed
7:45							
8:00							
8:15							
8:30							
8:45							
9:00		Camp 8:30-6:00		Camp 8:30-6:00			
9:15	Interval Blast 9:00-10:00		Interval Blast 9:00-10:00		Step Circuit 8:50-10:00		
9:30							
9:45							
10:00						Open And Family Gym 10:00-8:45	
10:15							
10:30							
10:45							
11:00							
11:15							
11:30						**Gym May Be Closed for Rentals From 4:45-6:15 Or For Travel Games STUDIO D MAY BE AVAILABLE	Open And Family Gym 11:15-4:45
11:45							
12:00	Adult B-Ball Full Gym 12:00-1:30		Adult B-Ball Full Gym 12:00-1:30		Adult B-Ball Full Gym 12:00-1:30		
12:15							
12:30							
12:45							
1:00							
1:15							
1:30	Camp 1:30-6:00		Camp 1:30-6:00		Camp 1:30-6:00		GYM CLOSED FOR TRAVEL GAMES 6/27 - 1:45-3:15 7/18 - 1:45-3:15 8/1 - 1:45-3:15
1:45							
2:00							
2:15							
2:30							
2:45							
3:00							
3:15							
3:30							
3:45							
4:00							
4:15							
4:30							
4:45							
5:00							
5:15							
5:30							
5:45							
6:00							
6:15	Cheer Team (1/2 Gym) 6:15-8:15 Family Gym (1/2 Gym) 6:00-8:15	Family Gym 6:00-7:15	V-Ball Training Academy (1/2 Gym) 6:15-8:00	Open And Family Gym 6:00-7:15	Open And Family Gym 6:00-9:45		
6:30							
6:45							
7:00		Travel B-Ball 7:15-8:45	Drills Class (1/2 Gym) 6:30-8:30	Travel B-Ball 7:15-8:45			
7:15							
7:30							
7:45							
8:00							
8:15							
8:30	Open & Family Gym 8:15-9:45	Open & Family Gym 8:45-9:45	Open And Family Gym 1/2 Gym 8:00-8:30 Full Gym 8:30-9:45	Open & Family Gym 8:45-9:45			
8:45							
9:00							
9:15							
9:30							
9:45							
10:00	Closed	Closed	Closed	Closed	Closed	Closed	Closed

Adult B-Ball :

Must be 19 years or older and a member of the YMCA or a guest of the YMCA

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Please Do Not Disturb Classes/Leagues That Are Running During The Closed Gym Times.

The Basketball Hoop in Studio D may be available during closed gym times. Please inquire at the Front Desk.

SCHEDULE SUBJECT TO CHANGE WITHOUT NOTICE