

**North Suburban YMCA**

\*\*\* As of 6/4/2009

**Summer Gym Schedule: Monday, June 15th, through Friday August 14th**

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00							
5:15							
5:30	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Closed	
5:45	5:00-6:30	5:00-6:30	5:00-6:30	5:00-6:30	5:00-6:30		
6:00							
6:15							
6:30							
6:45							
7:00	Adult B-Ball	Adult B-Ball	Adult B-Ball	Adult B-Ball	Adult B-Ball	Adult B-Ball	
7:15	6:30-8:30	6:30-8:30	6:30-8:30	6:30-8:30	6:30-8:30	6:00-8:45	
7:30							
7:45							
8:00							
8:15							
8:30							
8:45							
9:00	Camp	Camp	Camp	Camp	Camp		
9:15	8:30-11:45	8:30-5:30	8:30-11:45	8:30-6:00	8:30-11:45		
9:30						Step Circuit	
9:45						8:50-10:00	
10:00							
10:15							
10:30						Open And Family Gym	
10:45						10:00-8:45	
11:00							
11:15						**Gym May Be Closed for Rentals From 4:45-6:15 STUDIO D MAY BE AVAILABLE	
11:30							Open And Family Gym
11:45	Adult B-Ball Full Gym		Adult B-Ball Full Gym		Adult B-Ball Full Gym		11:15-4:45
12:00	11:45-1:30		11:45-1:30		11:45-1:30		
12:15							
12:30							
12:45							
1:00							
1:15							
1:30	Camp		Camp		Camp		
1:45	1:30-6:00		1:30-6:00		1:30-6:00		
2:00							
2:15							
2:30							
2:45							
3:00							
3:15							
3:30							
3:45							
4:00							
4:15							
4:30							
4:45							
5:00							
5:15							
5:30	B-Ball Training Academy	V-Ball Training Academy (1/2 Gym)	V-Ball Training Academy (1/2 Gym)	Open And Family Gym	Open And Family Gym		
5:45	5:15-7:30	6:00-7:30	6:00-9:30	6:00-9:45	6:00-9:45		
6:00		Men's B-Ball Full Gym	Open And Family Gym (1/2 Gym)				
6:15		7:15-9:45	6:00-9:45				
6:30							
6:45							
7:00							
7:15							
7:30	Open And Family Gym						
7:45	7:30-9:45						
8:00							
8:15							
8:30							
8:45							
9:00							
9:15							
9:30							
9:45							
10:00	Closed	Closed	Closed	Closed	Closed	Closed	Closed

Adult B-Ball :

Must be 19 years or older and a member of the YMCA or a guest of the YMCA

THE CURTAIN WILL REMAIN CLOSED DURING OPEN GYM TIME. THE BACK HALF OF THE GYM IS FOR PARENTS WITH KIDS UNDER 13 YEARS OLD. THE FRONT HALF OF THE GYM IS FOR TEENS AND ADULTS WITHOUT CHILDREN.

Please Do Not Disturb Classes/Leagues That Are Running During The Closed Gym Times.

**The Basketball Hoop in Studio D may be available during closed gym times. Please inquire at the Front Desk.**

**SCHEDULE SUBJECT TO CHANGE WITHOUT NOTICE**