

North Suburban YMCA

*** As of 6/5/2008

Summer Gym Schedule: Monday, June 9th, through Friday August 15th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00							
5:15							
5:30	Open Gym 5:00-6:30	Open Gym 5:00-6:30	Open Gym 5:00-6:30	Open Gym 5:00-6:30	Open Gym 5:00-6:30	Closed	
5:45							
6:00							
6:15							
6:30							
6:45							
7:00	Adult B-Ball 6:30-8:30	Adult B-Ball 6:30-8:30	Adult B-Ball 6:30-8:30	Adult B-Ball 6:30-8:30	Adult B-Ball 6:30-8:30	Adult B-Ball 6:00-8:30	Closed
7:15							
7:30							
7:45							
8:00							
8:15							
8:30							
8:45							
9:00	Camp 8:30-11:45	Camp 8:30-5:30	Camp 8:30-11:45	Camp 8:30-6:00	Camp 8:30-11:45		
9:15						Step Circuit 9:00-10:00	
9:30							
9:45							
10:00							
10:15							
10:30						Open And Family Gym 10:00-4:45	
10:45							
11:00							
11:15							
11:30							
11:45							Open And Family Gym 11:15-4:45
12:00	Adult B-Ball Full Gym 11:45-1:30		Adult B-Ball Full Gym 11:45-1:30		Adult B-Ball Full Gym 11:45-1:30		
12:15							
12:30							
12:45							
1:00							
1:15							
1:30	Camp 1:30-6:00		Camp 1:30-6:00		Camp 1:30-6:00		
1:45							
2:00							
2:15							
2:30							
2:45							
3:00							
3:15							
3:30							
3:45							
4:00							
4:15							
4:30							
4:45							
5:00							
5:15							
5:30							
5:45							
6:00	Family Gym 6:00-8:00	Baseball Training Academy 5:30-7:45	Family Gym 6:00-8:00	V-ball Setup 6:00-6:30	Open And Family Gym 6:00-9:45		
6:15							
6:30							
6:45							
7:00							
7:15							
7:30							
7:45							
8:00							
8:15	Open Gym 8:00-9:45	Open And Family Gym 7:45-9:45	Open Gym 8:00-9:45	Open Volleyball & Ping Pong 6:30-8:30 (6/12-8/14)			
8:30							
8:45							
9:00							
9:15							
9:30							
9:45							
10:00	Closed	Closed	Closed	Closed	Closed	Closed	Closed

Adult B-Ball :
Open Gym :
Family Gym :

Must be 19 years or older and a member of the YMCA or a guest of the YMCA
During open gym all children 14 years and under MUST be accompanied by an adult
Available for families to interact with their children

Please Do Not Disturb Classes/Leagues That Are Running During The Closed Gym Times.

THE GYM CLOSSES AT 9:45 PM WEEKDAYS, AND 4:45 PM ON SATURDAY AND SUNDAY

SCHEDULE SUBJECT TO CHANGE WITHOUT NOTICE