

North Suburban YMCA

*** As of 3/18/2008

Gym Schedule: *Break Schedule; Saturday, Mar. 22nd, through Sunday Mar. 30th*

subject to change

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00							
5:15	Open Gym 5:00-6:30	Open Gym 5:00-6:30	Open Gym 5:00-6:30	Open Gym 5:00-6:30	Open Gym 5:00-6:30	Closed	
5:30							
5:45							
6:00							
6:15	Adult B-Ball 6:30-8:30	Adult B-Ball 6:30-8:30	Adult B-Ball 6:30-8:30	Adult B-Ball 6:30-8:30	Adult B-Ball 6:30-8:30	Adult B-Ball 6:00-8:30	Closed
6:30							
6:45							
7:00							
7:15	Open and Family Gym 8:30-12:00	Step Challenge 9:00-10:00	Open and Family Gym 8:30-11:45	Step Surprise 9:00-10:00	Open Gym 8:30-9:15	Open and Family Gym 9:00-4:45	
7:30							
7:45							
8:00							
8:15							
8:30							
8:45							
9:00							
9:15							
9:30							
9:45							
10:00							
10:15	Open and Family Gym 10:00-9:45			Open and Family Gym 10:00-3:00			
10:30							
10:45							
11:00							
11:15	Adult B-Ball 12:00-1:30				Open Gym 11:00-11:45		
11:30							
11:45							
12:00							
12:15							
12:30							
12:45							
1:00							
1:15	Open and Family Gym 1:30-9:45				Adult B-Ball 11:45-1:30		
1:30							
1:45							
2:00							
2:15					Open and Family Gym 1:30-3:00		
2:30							
2:45							
3:00							
3:15					Closed Set-Up		
3:30							
3:45							
4:00							
4:15					Open Gymnastics 3:30-5:00		
4:30							
4:45							
5:00							
5:15					Take Down		
5:30							
5:45							
6:00							
6:15	Open and Family Gym 1:30-9:45			Open and Family Gym 5:15-9:45	Open and Family Gym 5:15-9:45		
6:30							
6:45							
7:00							
7:15							
7:30							
7:45							
8:00							
8:15							
8:30							
8:45							
9:00							
9:15							
9:30							
9:45							
10:00							
10:00	Closed	Closed	Closed	Closed	Closed	Closed	Closed

Adult B-Ball :
Open and Family Gym :

Must be 19 years or older and a member of the YMCA or a guest of the YMCA
All children 14 years and under MUST be accompanied by an adult