



Family Fitness Fridays

Bring your kids or grandkids to the Y on Friday nights from **February 24 – April 20, 2012** from

6:00 – 7:00pm for Family Fitness!

Good for kids ages 4 – 13!

February 24	Fun & Games	Karen
March 2	Sports	Casey
March 9	Family Yoga	Debbie
March 16	Zumba	Linda & Dawn
March 23	Games & Sports	Casey
April 6	<i>-No class Holiday Weekend-</i>	
April 13	Circuits	Shari
April 20	Boot Camp	Liz