

Fall II Gym Schedule: Monday, October 25th through Sunday December 19th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00							
5:15							
5:30	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Closed	
5:45	5:00-6:30	5:00-6:30	5:00-6:30	5:00-6:30	5:00-6:30		
6:00							
6:15							
6:30							
6:45							
7:00	Adult B-Ball	Adult B-Ball	Adult B-Ball	Adult B-Ball	Adult B-Ball	Adult B-Ball	
7:15	6:30-8:30	6:30-8:45	6:30-8:30	6:30-8:45	6:30-8:30	6:00-8:45	
7:30							
7:45							
8:00							
8:15							
8:30							Open & Family Gym
8:45	Open Gym						7:30-4:45**
9:00	8:30-9:15	Step Class	Interval Blast	Step & Strength	Walking Club	Interval Cond.	
9:15	Interval Blast	9:00-10:00	9:00-10:00	9:00-10:00	9:00-9:45	8:50-10:00	
9:30	9:00-10:00						
9:45		Lil Athletes (Full Gym)	Lil Athletes (Full Gym)	Gymnastics (1/2 Gym)	Open Gym	Gymnastics	
10:00		10:00-11:00	10:00-11:15	10:00-3:45	9:45-11:45	9:00-12:15	
10:15	Open Gym						
10:30	10:15-11:45	Family Gym	Open	Tennis (1/2 Gym)			
10:45		11:00-1:15	11:15-11:45	10:00-10:45			
11:00							
11:15	Adult B-Ball Full Gym		Adult B-Ball Full Gym	Family Gym (1/2 Gym)	Adult B-Ball Full Gym	House B-Ball Games	
11:30	11:45-1:30		11:45-1:30	10:45-12:45	11:45-1:30	11:30-3:45	
11:45							
12:00		Lil Athletes (Full Gym)	Lil Athletes (Full Gym)	Tennis (1/2 Gym)	Open Gym		**Travel B-Ball Games
12:15		1:30-2:30	1:30-2:45	1:00-1:45	1:30-2:45		12:30-3:30
12:30	Kind. Club						10/31, 11/7,
12:45	1:30-2:30	Kind. Club	Open Gym	Family Gym (1/2 Gym)	Art & Gym		11/14, 11/21,
1:00		2:30-3:30	2:45-3:15	1:45-3:45	2:45-4:00		12/12
1:15							
1:30		After School (1/2 Gym)	Gymnastics (Full Gym)	Gymnastics (Full Gym)	After School Sports Camp (Full Gym)	Open & Family Gym	
1:45		3:30-4:30	3:15-6:15	3:45-6:15	3:45-5:30	3:45-6:45**	
2:00	Open Gym	Boy's Gymnastics (1/2 Gym)				**Gym May Be Closed For Gym Rentals From	
2:15	2:30-3:45	4:00-5:00				4:45-6:15	
2:30						STUDIO D	
2:45		B-Ball Academy (1/2 Gym)	B-Ball Practice (1/2 Gym)	B-Ball Practice	B-Ball Practice	MAY BE AVAILABLE	
3:00		5:30-7:30	6:00-7:00	6:00-8:30	6:00-8:30		
3:15		B-Ball Practice (1/2 Gym)	Cheer Team (1/2 Gym)		Special Olympics Basketball (Back 1/2 Gym)		
3:30		5:45-7:00	6:15-7:45		6:30-7:30		
3:45							
4:00	After School Sports Camp (Full Gym)	Travel B-Ball			Open & Family Gym	Closed	
4:15	3:45-5:30	7:15-8:45			7:30-9:45		
4:30			Open & Family Gym (1/2 Gym)	Open & Family Gym			
4:45			7:15-7:45	8:30-9:45			
5:00			7:45-9:45		GYM CLOSED		
5:15					3rd Friday of Every Month For Teen Night		
5:30					7:00-10:00		
5:45	B-Ball Practice (1/2 Gym)						
6:00	5:30-7:30						
6:15							
6:30	Cheer Team (1/2 Gym)						
6:45	5:30-7:45						
7:00							
7:15							
7:30	Men's Pick-Up B-Ball						
7:45	7:45-9:00						
8:00	Open & Family Gym						
8:15							
8:30							
8:45							
9:00							
9:15							
9:30							
9:45							
10:00	Closed	Closed	Closed	Closed	Closed		Closed

Adult B-Ball: Must be 19 years of age, and a member of the YMCA, or the guest of a member

THE CURTAIN WILL REMAIN CLOSED DURING OPEN GYM TIME.
THE BACK HALF OF THE GYM IS FOR PARENTS WITH KIDS UNDER 13 YEARS OLD.
THE FRONT HALF OF THE GYM IS FOR TEENS AND ADULTS WITHOUT CHILDREN.
 Please Do Not Disturb Classes/Leagues That Are Running During The Closed Gym Times.

The Basketball Hoop in Studio D may be available during closed gym times. Please inquire at the Front Desk.

SCHEDULE SUBJECT TO CHANGE WITHOUT NOTICE