

# North Suburban YMCA

**Back By  
Popular  
Demand!**



**Do you dare to take the challenge and swim the 156 mile distance of the Chicago River within one year? Can you swim it more than once?**

***Good Luck to all who dare to attempt the challenge!***

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Contact Frank at (847) 272-7250 x 1235 or via email at [flenardi@nsymca.org](mailto:flenardi@nsymca.org) if you have any questions.

North Suburban YMCA  
2705 Techny Road  
Northbrook, IL 60062  
(847) 272-7250  
[www.nsymca.org](http://www.nsymca.org)

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