



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

**NORTH SUBURBAN
YMCA**

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FOR IMMEDIATE RELEASE

Cross-Country “Journey of Hope” Bike Team Plans Return Visit to North Suburban YMCA

Northbrook, IL – July 2014: The Push America “Journey of Hope” bike team will be stopping at the North Suburban YMCA on Tuesday, July 15 for a recreational swim meet and other activities for children with special needs. The visit is a stopover in the team’s annual 4,000 mile cross-country bike ride that raises awareness and funds for children with special needs. This is the team’s fifth annual visit to the NSYMCA, and the first to include a swim meet presented in partnership with the Great Lakes Adaptive Swim Association.

The Push America Journey of Hope is an annual cross-country bike ride sponsored by the Pi Kappa Phi national organization. Team members ride an average of 75 miles per day, with stopovers that raise money and build relationships within communities. Three separate teams of approximately 30 riders each are currently en route from the West Coast to Washington, D.C., with a fundraising expectation of over \$600,000.

“We are so excited to welcome the Push America team again this year,” noted Sari Glazebrook, NSYMCA Director of Special Needs Programming. “They come with an enthusiastic, warm-hearted spirit that inspires all of our staff and families. We know that their visit will be a really fun and special event for our community.”

The July 15 event at the YMCA, located at 2705 Techny Road in Northbrook, will start at 4:30 pm. In addition to the swim meet, activities will include a DJ for music and dancing, facepainting, games, and a BBQ cookout. The events are open, free of charge, to all children with special needs and their families. To learn more or to register, contact Sari Glazebrook, sglazebrook@nsymca.org.



Photo Caption: The Push America “Journey of Hope” bike team will return to the North Suburban YMCA on July 15 for an evening of swimming, food, and fun for children with special needs.

About the North Suburban YMCA

The North Suburban YMCA is a not-for-profit entity and relies on donations to make services available for all families and individuals in its 15-city region. All board members are volunteers, who donate their time, talents and financial resources. Located at 2705 Techny Road in Northbrook, the North Suburban YMCA has served the northern suburbs of Chicago for over 45 years. The Y is about youth development, healthy living, and social responsibility, providing programs and services that address the needs of our diverse community and are accessible to all. For more information or to make a donation, contact Barb Flanagan at 847-272-7250 or bflanagin@nsymca.org, or visit www.nsymca.org.